

# Resultatliste

## Tordenskiold-løpet

Lade 05.05.2010

Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Kvinner 5 km</b>		<b>5 KM</b>				
1	Marthe Olsen	--	2	<b>23:03</b>		04:36
2	Hilde Kristine Ohr	--	1	<b>25:13</b>	02:10	05:02
3	Eva Cecilie Bjerkhoel	ELIXIA Lade	1	<b>26:08</b>	03:05	05:13
4	Cecilie Schmidt Overøye	NTNUI Friidrett	1	<b>26:13</b>	03:10	05:14
5	Birgitte Ingvaldsen	ELIXIA Lade	1	<b>26:16</b>	03:13	05:15
6	Synnøve Dalum	Kyrksæterøra IL	1	<b>26:26</b>	03:23	05:17
7	Marianne Dalland	NTNUI Friidrett	1	<b>26:40</b>	03:37	05:20
8	Hanne Teigum	--	2	<b>26:42</b>	03:39	05:20
9	Elise Fagerheim	NTNUI Friidrett	1	<b>27:08</b>	04:05	05:25
10	Linda Keiseraas	--	1	<b>27:09</b>	04:06	05:25
11	Linda Gjølga	Marine Cyberntics B.I.L.	2	<b>28:08</b>	05:05	05:37
12	Thea E.Gravdal	Strindheim	2	<b>28:36</b>	05:33	05:43
12	Marte Skaanes	--	3	<b>28:36</b>	05:33	05:43
14	Bjørng Nygård	Oslofjord triatlonklubb	2	<b>29:10</b>	06:07	05:50
15	Oda Mari Borås	Flatås IL	1	<b>29:31</b>	06:28	05:54
16	Gunn Tove Nordgård Leiren	--	1	<b>29:42</b>	06:39	05:56
17	Radana Konarikova	--	1	<b>29:43</b>	06:40	05:56
18	Linda Lianes	Elixia Teglgården	1	<b>29:44</b>	06:41	05:56
19	Kristine Nordstad Moen	ELIXIA Lade	1	<b>29:46</b>	06:43	05:57
20	Stine Næss	--	3	<b>29:57</b>	06:54	05:59
21	Tone Merete Follum	--	3	<b>30:16</b>	07:13	06:03
22	Frida Martinsen	Ranheim	1	<b>30:23</b>	07:20	06:04
23	Bodil Krokan	--	1	<b>30:49</b>	07:46	06:09
24	Kine Hoel	--	2	<b>30:51</b>	07:48	06:10
25	Bodil Brødraskift Møll		1	<b>32:01</b>	08:58	06:24
26	Karin Sandhaugen	BIL/OSS	3	<b>32:39</b>	09:36	06:31
27	Anne Sissel Ness	Malvik IL	1	<b>32:43</b>	09:40	06:32
28	Kari Berge	--	2	<b>32:59</b>	09:56	06:35
29	Hilde Alicia Thanem	--	1	<b>33:08</b>	10:05	06:37
30	Eirin Marie Espås	Bratsberg IL	1	<b>33:10</b>	10:07	06:38
31	Emilie Tøndel Sliper	Bratsberg IL	1	<b>33:21</b>	10:18	06:40
32	Heidi Timm	Marine Cyberntics B.I.L.	3	<b>33:23</b>	10:20	06:40
33	Øyvor Helstad	Frøya	3	<b>33:29</b>	10:26	06:41
34	Heidi Hoff	--	2	<b>33:47</b>	10:44	06:45
35	Cecilie Berg	--	1	<b>34:34</b>	11:31	06:54
36	Berit Killingberg	--	1	<b>34:37</b>	11:34	06:55
37	Live Augusta Spilker	Ramme Alvor SK	2	<b>34:47</b>	11:44	06:57
38	Ida Malvik	--	2	<b>34:51</b>	11:48	06:58
39	Solveig Drøivoldsmo	--	2	<b>35:05</b>	12:02	07:01
40	Torunn Myhr	Team 3T	1	<b>35:52</b>	12:49	07:10
41	Margrethe Eide	Flatås IL	1	<b>36:16</b>	13:13	07:15
42	Anne Westerheim	--	8	<b>36:24</b>	13:21	07:16
43	Linn Pedersen	--	1	<b>36:30</b>	13:27	07:18
44	Ellen Bye	--	1	<b>36:31</b>	13:28	07:18
45	Amanda Fayant	--	3	<b>37:50</b>	14:47	07:34
46	Hanna Kristine Aaland	--	1	<b>38:28</b>	15:25	07:41
47	Kari-Anne Ofstad	Leik IL	1	<b>39:03</b>	16:00	07:48
48	Tuva Sætrum Bjerkan	--	1	<b>39:08</b>	16:05	07:49
49	Lill Ulseth	--	1	<b>39:51</b>	16:48	07:58
50	Gunhild Elverum	--	1	<b>40:14</b>	17:11	08:02
51	Elise Nilsen	--	2	<b>41:21</b>	18:18	08:16
52	Anette Nilsen	--	1	<b>41:53</b>	18:50	08:22
52	Hedda Fevang Tveit	Utleira ski IL	1	<b>41:53</b>	18:50	08:22
54	Rigmor Møkkelgård	--	1	<b>42:54</b>	19:51	08:34
55	Andrea Lindaas	--	1	<b>43:43</b>	20:40	08:44
55	Torill Rehaug	--	11	<b>43:43</b>	20:40	08:44
57	Inger Lise Sørberg	--	1	<b>47:11</b>	24:08	09:26

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Lade 05.05.2010

Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Kvinner 5 km</b>		<b>5 KM</b>				
58	Ingeborg Olsøybakk	Utleira ski IL	1	<b>47:38</b>	24:35	09:31
59	Torill Ringsø	Utleira ski IL	1	<b>47:41</b>	24:38	09:32
60	Ida Brattreit	Utleira ski IL	1	<b>49:15</b>	26:12	09:51
61	Marit Elverum	--	1	<b>49:32</b>	26:29	09:54
61	Marit Relling	--	1	<b>49:32</b>	26:29	09:54
63	Julie Johansen	--	1	<b>50:26</b>	27:23	10:05
64	Hanne Lefstad Hilmarsen	--	2	<b>50:28</b>	27:25	10:05
65	Torild Sæther	--	1	<b>50:56</b>	27:53	10:11
66	Emma Lefstad Hilmarsen	--	1	<b>51:04</b>	28:01	10:12
67	Lise Helene Brevik	--	1	<b>53:27</b>	30:24	10:41
67	Kjersti Berre	--	1	<b>53:27</b>	30:24	10:41
Antall	68	Påmeldte: 68	Startende: 68			

Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 5 km</b>		<b>5 KM</b>				
1	Lars Hyttehaug	--	1	<b>20:10</b>		04:02
2	Knut Erik Nielsen	NTNUI Friidrett	1	<b>21:05</b>	00:55	04:13
3	Brage Sæther	--	1	<b>22:32</b>	02:22	04:30
4	Sverre Skauge	St. Olavs Hospital BIL	3	<b>22:59</b>	02:49	04:35
5	Christian Drøyvold	Byåsen IL	2	<b>23:45</b>	03:35	04:45
6	Bjørn Slåen	--	9	<b>23:46</b>	03:36	04:45
7	Sebastian Aas	Jonsvannet IL	1	<b>24:19</b>	04:09	04:51
8	John Nygård	Oslofjord triatlonklubb	7	<b>24:20</b>	04:10	04:52
9	Øyvind Jahr	--	2	<b>24:59</b>	04:49	04:59
10	Lars-Erik Øverlie	--	3	<b>25:31</b>	05:21	05:06
11	Sondre Bakkehaug	Flatås IL	1	<b>25:35</b>	05:25	05:07
12	Erik Resell	--	3	<b>25:57</b>	05:47	05:11
13	Roger Malvik	--	1	<b>26:22</b>	06:12	05:16
14	Tore Resell	--	10	<b>26:30</b>	06:20	05:18
15	John Ivar Knutzen	Strindheim	1	<b>26:33</b>	06:23	05:18
16	Hans Martin Helgesen	--	2	<b>26:35</b>	06:25	05:19
17	Erlenn Stavnås Ingebrigtsen	--	1	<b>26:41</b>	06:31	05:20
18	Sebastian Kaspersen	--	1	<b>26:51</b>	06:41	05:22
19	Rasmus Bjerkan	--	3	<b>26:54</b>	06:44	05:22
20	Joakim Andresen	--	1	<b>27:12</b>	07:02	05:26
21	Daniel Halvorsen	--	1	<b>27:17</b>	07:07	05:27
22	Anders Kjeldseth	--	2	<b>27:46</b>	07:36	05:33
23	Næss Joakim	--	1	<b>27:49</b>	07:39	05:33
24	Aleksander Paulsen	Klæbu IL	1	<b>27:56</b>	07:46	05:35
25	Fredrik Gabrielsen	--	1	<b>27:57</b>	07:47	05:35
26	Claus Sørensen	--	1	<b>27:58</b>	07:48	05:35
27	Erik Døsen	--	2	<b>27:59</b>	07:49	05:35
28	Pål Quist Nyrrnes	Byåsen IL	1	<b>28:49</b>	08:39	05:45
29	Petter Quist-Paulsen	St. Olavs Hospital BIL	2	<b>28:50</b>	08:40	05:46
30	Eirik Wahl Thomsen	--	1	<b>29:07</b>	08:57	05:49
31	Bror Andreas Spilker	Ramme Alvor SK	2	<b>29:34</b>	09:24	05:54
32	Svein Tuvnes	Jernbanens IL	18	<b>30:25</b>	10:15	06:05
33	Jonathan Moldjord	--	1	<b>31:02</b>	10:52	06:12
33	Kristian Mikkelsen	--	1	<b>31:02</b>	10:52	06:12
35	Frode Næss	Elixia Teglgården	1	<b>31:03</b>	10:53	06:12
36	Yngve Bolstad Johansen	--	1	<b>31:14</b>	11:04	06:14
37	Nils Ottar Svaan	--	27	<b>32:17</b>	12:07	06:27
38	Ivar M Askim	--	22	<b>33:28</b>	13:18	06:41
39	Ole Gussøy	Flatås IL	14	<b>34:00</b>	13:50	06:48
40	Sture Pande	--	4	<b>34:25</b>	14:15	06:53
41	Ingemund Solem	--	18	<b>34:27</b>	14:17	06:53
42	Gunnar Solhaug	--	28	<b>34:29</b>	14:19	06:53

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## Tordenskiold-løpet

Lade 05.05.2010

Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 5 km 5 KM</b>						
43	Hendrik Storstein Spilker	Ramme Alvor SK	2	<b>34:48</b>	14:38	06:57
44	Arnt Voll	--	17	<b>35:43</b>	15:33	07:08
45	Magnus Mikkelsen	--	2	<b>35:46</b>	15:36	07:09
46	Arne Brunnes	IL Dalebrand	31	<b>35:49</b>	15:39	07:09
47	William Fuglem	Utleira ski IL	1	<b>41:19</b>	21:09	08:15
48	Martin Dretvik	Utleira ski IL	1	<b>42:35</b>	22:25	08:31
49	Leif M Hansen	--	31	<b>42:56</b>	22:46	08:35
50	Thomas Aune Hilmarsen	--	4	<b>49:36</b>	29:26	09:55
51	Ola Lefstad	--	19	<b>51:04</b>	30:54	10:12
Antall	51	Påmeldte: 51		Startende: 51		
<b>Menn .12 10 KM</b>						
1	Kristoffer Dahl-Andersen	Strindheim	1	<b>45:29</b>		04:32
2	Isak Malvik	--	2	<b>46:22</b>	00:53	04:38
3	Vetle Østmoe	--	1	<b>53:18</b>	07:49	05:19
4	Petter Buhaug	--	1	<b>58:59</b>	13:30	05:53
Antall	4	Påmeldte: 4		Startende: 4		
<b>Menn 13 10 KM</b>						
1	Joakim Sødal	Kyrksæterøra IL	1	<b>38:50</b>		03:53
2	Marcus Gabrielsen	--	1	<b>50:24</b>	11:34	05:02
3	Øystein Størdal Martinussen	Utleira ski IL	1	<b>55:46</b>	16:56	05:34
Antall	3	Påmeldte: 3		Startende: 3		
<b>Menn 14 10 KM</b>						
1	Kristoffer By Vollset	Klæbu Løpeklubb	1	<b>37:01</b>		03:42
2	Håkon Hanssønn Jakobsen	Malvik IL	6	<b>40:18</b>	03:17	04:01
3	Lars Engan	--	2	<b>41:17</b>	04:16	04:07
4	Even Storrø	--	2	<b>42:07</b>	05:06	04:12
5	Ole Kristian Solem	--	2	<b>52:36</b>	15:35	05:15
Antall	5	Påmeldte: 5		Startende: 5		
<b>Menn 15 10 KM</b>						
1	Arild Fløttum	--	1	<b>45:36</b>		04:33
2	Johannes Singstad Knutsen	Heimdal Ski	1	<b>48:50</b>	03:14	04:53
3	Jonas Olstad		1	<b>1:04:47</b>	19:11	06:28
Antall	3	Påmeldte: 3		Startende: 3		
<b>Menn 16 10 KM</b>						
1	Tor Anders Dybdahl	--	1	<b>47:21</b>		04:44
2	Erlend Løkken	--	1	<b>48:19</b>	00:58	04:49
Antall	2	Påmeldte: 2		Startende: 2		
<b>Menn 17 10 KM</b>						
1	Petter Rypdal	--	1	<b>38:08</b>		03:48
2	Rønning Martin	Freidig	2	<b>40:43</b>	02:35	04:04
3	Emil Asbøll	Løkken IF	5	<b>43:55</b>	05:47	04:23
4	Daniel Bjørnerås	--	1	<b>52:26</b>	14:18	05:14
5	Andreas Engberg	--	1	<b>52:28</b>	14:20	05:14
Antall	5	Påmeldte: 5		Startende: 5		

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## Tordenskiold-løpet

Lade 05.05.2010

Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 18 10 KM</b>						
1	Aman Haidari	Selsbakk IF	1	34:33		03:27
2	Joachim Width	Strindheim	2	36:11	01:38	03:37
3	Lars Berge Owren	--	3	38:37	04:04	03:51
4	Sondre Mæhre	--	4	40:01	05:28	04:00
5	Fredrik Sæther	--	6	40:59	06:26	04:05
Antall	5	Påmeldte: 5		Startende: 5		
<b>Menn 19-22 10 KM</b>						
1	Sigmund Ofstad	--	1	39:25		03:56
2	Martin Hallberg	Fossum IF	1	39:39	00:14	03:57
3	Vegard Dahle	Byåsen	4	41:31	02:06	04:09
4	Niklas Marcussen]	NTNUI - Golf	1	42:05	02:40	04:12
5	Andreas Falk Larssen	Elixia Teglgården	2	43:21	03:56	04:20
6	Rune Elven	Kattem IL	1	47:17	07:52	04:43
7	Ronny Hestvik Olsen	--	1	47:18	07:53	04:43
8	Alexander Thanem	--	1	52:34	13:09	05:15
9	Benjoe Jeyarajah	--	1	54:43	15:18	05:28
Antall	9	Påmeldte: 9		Startende: 9		
<b>Menn 23-34 10 KM</b>						
1	Ola Sakshaug	Selsbakk IF	2	32:30		03:15
2	Mikael Olsen	Namdal Løpeklubb	4	33:32	01:02	03:21
3	Chris Forne	Wing	1	33:33	01:03	03:21
4	Espen Fiskum	Namdal Løpeklubb	3	34:08	01:38	03:24
5	Niklas Dyrhaug	Skogn FIK	4	34:11	01:41	03:25
6	Roger Ovesen	Byåsen IL	7	34:41	02:11	03:28
7	Karl Lorenz Hellmigk	NTNUI-langrenn	1	35:23	02:53	03:32
8	Kai Robert Vandsvik	Bratsberg IL	1	35:30	03:00	03:33
9	Magnus Odin Dahlseng	NTNUI	1	35:56	03:26	03:35
10	Børge Leiren	--	4	36:10	03:40	03:37
11	Phillip Maree	NTNUI Friidrett	1	36:28	03:58	03:38
12	Stian Bergersen	--	1	36:42	04:12	03:40
13	Odd Egil Brobakk	--	17	36:48	04:18	03:40
14	Frode Solskinnsbakk	Trønderenergi BIL	4	36:59	04:29	03:41
15	Håkon Toftaker	NTNUI	2	37:15	04:45	03:43
16	Ståle Fenstad	Statsbygg	3	37:36	05:06	03:45
17	Tomas Brikselli	NTNUI-langrenn	1	37:46	05:16	03:46
18	Harald Lund	NTNUI JUDO	1	37:53	05:23	03:47
19	Håvard Lium	Støtet	1	37:58	05:28	03:47
20	Jørgen Sæther	Bratsberg IL	4	38:03	05:33	03:48
21	Sindre Skånøy	--	6	38:15	05:45	03:49
22	Emil Melby	--	2	38:27	05:57	03:50
22	Torstein Ohr	NTNUI	1	38:27	05:57	03:50
24	Øystein Sæther	Luftkrigsskolen BIL	10	38:30	06:00	03:51
25	Jorolf Withbro	--	5	38:32	06:02	03:51
26	Nils Jacob Fløystad	Rye s.kl	7	38:34	06:04	03:51
27	Lennart Jølle	HIST/ALT	1	38:40	06:10	03:52
28	Erik Hallberg	NTNUI	1	38:45	06:15	03:52
29	Andreas Habberstad	--	1	38:46	06:16	03:52
29	John Marius Ørke	Bratsberg IL	2	38:46	06:16	03:52
31	Marius Aas	--	1	38:59	06:29	03:53
32	Lars Erik Hammerdal	--	1	39:01	06:31	03:54
33	Simen Smiseth	Hommelvik I.L.	1	39:14	06:44	03:55
34	Tommy Haugen Søjdis	--	1	39:36	07:06	03:57
35	Øystein Ulvnes	Hitra Friidrettsklubb	1	39:41	07:11	03:58

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 23-34</b>		<b>10 KM</b>				
36	Martin Berg	--	1	<b>40:05</b>	07:35	04:00
37	Erlend Bjerkås	Dovrebanen BIL	7	<b>40:16</b>	07:46	04:01
38	Øystein Reppesgaard	--	8	<b>40:29</b>	07:59	04:02
39	Jan Frode Haugseth	--	1	<b>40:40</b>	08:10	04:04
40	Audun Brunnes	NTNUJ Friidrett	5	<b>40:45</b>	08:15	04:04
41	Torleif Sandnes	Fatcamp HTFU	2	<b>41:12</b>	08:42	04:07
42	Jon Sundan	--	1	<b>41:19</b>	08:49	04:07
43	Odd Arne Osflaten	--	2	<b>41:29</b>	08:59	04:08
44	Martin Engesvold	--	1	<b>41:45</b>	09:15	04:10
45	fredrik skogstad	--	1	<b>41:52</b>	09:22	04:11
46	Jørgen Hovelsen	--	1	<b>42:24</b>	09:54	04:14
47	Audun Havnen	NTNUJ	3	<b>42:35</b>	10:05	04:15
48	Lars Helde	Buran øl,vin og skiklubb	9	<b>42:38</b>	10:08	04:15
49	Tom Berg	--	2	<b>42:45</b>	10:15	04:16
50	Jon Eric Westerlund	--	1	<b>42:55</b>	10:25	04:17
51	Martin Skagseth	--	1	<b>43:02</b>	10:32	04:18
52	Vidar Furuholdt	--	1	<b>43:06</b>	10:36	04:18
53	Vegard Torp Lien	NTNUJ	1	<b>43:07</b>	10:37	04:18
54	Jon Anders Krokstad	Bratsberg IL	10	<b>43:11</b>	10:41	04:19
55	Andreas Moltu Hegle	Luftkrigsskolen BIL	1	<b>43:21</b>	10:51	04:20
56	Ola Lauve Rønning	Luftkrigsskolen BIL	1	<b>43:22</b>	10:52	04:20
57	Roar Ørdal	--	5	<b>43:46</b>	11:16	04:22
58	Paulo Girao	Portugal	4	<b>43:57</b>	11:27	04:23
59	Truls Rundgren	Japan Photo	1	<b>44:18</b>	11:48	04:25
60	Robert Valleråunet	IL Fjellørnen	1	<b>44:35</b>	12:05	04:27
61	Roy Karlsen	--	1	<b>44:38</b>	12:08	04:27
62	Are Kristensen	--	1	<b>44:51</b>	12:21	04:29
63	Per Olav Mangelrød	--	1	<b>44:58</b>	12:28	04:29
64	Even Fallan	TUR	4	<b>45:05</b>	12:35	04:30
65	Jan Egil Ruud	Norbit ODM	3	<b>45:21</b>	12:51	04:32
66	Ole Edvin Nystad	--	1	<b>45:22</b>	12:52	04:32
67	Ole-Martin Momyr	--	1	<b>45:25</b>	12:55	04:32
68	Håvard Fikkan	--	3	<b>45:34</b>	13:04	04:33
69	Frode Fuskeland	--	1	<b>45:52</b>	13:22	04:35
70	Jim Stian Olsen	--	1	<b>46:02</b>	13:32	04:36
71	Marius Hovde	--	1	<b>46:10</b>	13:40	04:37
72	Enrique Esteva	--	1	<b>46:21</b>	13:51	04:38
73	Marius Røstad	--	1	<b>46:24</b>	13:54	04:38
74	Kenneth Hanssen	--	1	<b>46:32</b>	14:02	04:39
75	Kristen Jomås	SmartMotor IL	2	<b>46:36</b>	14:06	04:39
76	Eivind Halmøy Wolden	--	1	<b>46:44</b>	14:14	04:40
77	Stein Petter Agersborg	Powel AS	2	<b>47:09</b>	14:39	04:42
78	Joacim Hestvik Køiser Olsen	--	1	<b>47:11</b>	14:41	04:43
79	Håvard Korsvoll	Freidig	2	<b>47:32</b>	15:02	04:45
80	Terje Wold Aune	--	3	<b>48:10</b>	15:40	04:49
81	Bjørn Pladsen	Kongeklubben	1	<b>48:33</b>	16:03	04:51
82	Magnar Krutvik	--	4	<b>48:48</b>	16:18	04:52
83	Morten Fagerli	--	1	<b>49:26</b>	16:56	04:56
84	Øystein Krogstad	NMK Trondhjem	3	<b>50:12</b>	17:42	05:01
85	Jonathan R Whitlock	--	3	<b>50:17</b>	17:47	05:01
86	Erling Morkemo	--	2	<b>50:57</b>	18:27	05:05
87	Magnar Nedland	--	2	<b>51:13</b>	18:43	05:07
88	Tore Valland	--	1	<b>51:37</b>	19:07	05:09
89	Egil Fagerholt	NTNUJ	1	<b>51:49</b>	19:19	05:10
90	Thomas Sæther Halsli	Levangerstudentenes IL	5	<b>51:56</b>	19:26	05:11
91	Torgeir Brønne	--	1	<b>53:10</b>	20:40	05:19
92	An Ngoc Phan	--	1	<b>53:25</b>	20:55	05:20

# Resultatliste

## Tordenskiold-løpet

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 23-34</b>						
<b>10 KM</b>						
93	Hector Figueroa	--	1	<b>53:35</b>	21:05	05:21
94	Øystein Pande	--	1	<b>53:41</b>	21:11	05:22
95	Even Einum	--	5	<b>53:52</b>	21:22	05:23
96	Øivind Sigstadstø	--	1	<b>54:41</b>	22:11	05:28
97	Tor Erik Askim	--	1	<b>54:45</b>	22:15	05:28
98	Johan A Sandgrind	--	3	<b>55:06</b>	22:36	05:30
99	Mats Bjerke	Elixia Teglgården	1	<b>55:22</b>	22:52	05:32
100	Knut Nordanger	IKM Ocean Design	2	<b>55:45</b>	23:15	05:34
101	kai kristiansen	--	1	<b>55:46</b>	23:16	05:34
102	David Lysø-Johansen	Strindheim	1	<b>59:11</b>	26:41	05:55
103	Fredrik Hofstad	--	6	<b>1:00:31</b>	28:01	06:03
104	Andreas Gabrielsen	--	5	<b>1:02:51</b>	30:21	06:17
Antall	104	Påmeldte: 104	Startende: 104			

## Menn 35-39

### 10 KM

1	Ole Arnold Sødal	Kyrksæterøra IL	2	<b>35:45</b>		03:34
2	Håvard Høiaas	--	14	<b>36:52</b>	01:07	03:41
3	Knut Ødegaard	--	2	<b>37:26</b>	01:41	03:44
4	Trond Einar Brobakk	--	2	<b>37:52</b>	02:07	03:47
5	Morten Egtvedt	Strindheim	2	<b>38:01</b>	02:16	03:48
6	Hans Jørgen Baglo	TVK	7	<b>38:16</b>	02:31	03:49
7	Jon Olav Røsbjørgen	Flå IL	2	<b>38:34</b>	02:49	03:51
8	Terje Sliper	Bratsberg IL	8	<b>38:49</b>	03:04	03:52
9	Håvard Merkesnes	Kyrksæterøra IL	13	<b>38:55</b>	03:10	03:53
10	Asgeir Nervik	--	3	<b>39:00</b>	03:15	03:54
11	Peter McFadzean	Statoil BIL	2	<b>39:27</b>	03:42	03:56
12	Frode Sundal	Klæbu Løpeklubb	15	<b>39:29</b>	03:44	03:56
13	Håkon Markussen	--	9	<b>39:32</b>	03:47	03:57
14	Steinar Røe	Teknobygg BIL	1	<b>39:35</b>	03:50	03:57
15	Audun Erik Stensø	TVK	1	<b>39:50</b>	04:05	03:59
16	Lars Øystein Ursin	Trondheim Triatlonklubb	2	<b>40:12</b>	04:27	04:01
17	Bjørn Skaare	Statoil BIL	2	<b>40:33</b>	04:48	04:03
18	Arild Bjerkan	--	8	<b>40:47</b>	05:02	04:04
19	Arne Jenssen	Statoil BIL	1	<b>41:07</b>	05:22	04:06
20	Lars August Fodstad	--	3	<b>41:37</b>	05:52	04:09
21	Ola Ervik	Netcom BIL	1	<b>42:18</b>	06:33	04:13
22	Petter Krogstad	Ishavsbyen Dykkerklubb	13	<b>42:46</b>	07:01	04:16
23	Stig Jensås	--	6	<b>42:47</b>	07:02	04:16
24	Børge Hov	--	2	<b>42:48</b>	07:03	04:16
25	Jørn Wilhelmsen	Team 3T	1	<b>43:17</b>	07:32	04:19
26	John Arne Skogmo	--	1	<b>43:22</b>	07:37	04:20
27	Rune Pollestad	--	1	<b>43:29</b>	07:44	04:20
28	Espen Lund	--	1	<b>44:04</b>	08:19	04:24
29	Sverre Johannessen	--	1	<b>44:16</b>	08:31	04:25
30	Knut Skatvold	TrygVesta BIL	1	<b>45:02</b>	09:17	04:30
31	Roar Brevik	--	1	<b>47:23</b>	11:38	04:44
32	Johan Ljungstedt	Solbakken bhg	1	<b>47:44</b>	11:59	04:46
33	Jan Arild Bøhle	--	1	<b>48:00</b>	12:15	04:48
34	Tor Urdalen	Atmel	1	<b>48:10</b>	12:25	04:49
35	Tore Fillingsnes	--	2	<b>49:14</b>	13:29	04:55
36	Eyvind Vikan	--	5	<b>49:36</b>	13:51	04:57
37	Arman Vestad	--	1	<b>49:37</b>	13:52	04:57
38	Svein Reidar Strand	--	2	<b>50:30</b>	14:45	05:03
39	Morten Meland	--	3	<b>50:41</b>	14:56	05:04
40	Per Magne Rø	--	3	<b>50:42</b>	14:57	05:04
41	John Petter Gåsvik	--	11	<b>51:40</b>	15:55	05:10

# Resultatliste

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 35-39</b>		<b>10 KM</b>				
42	Jo Kristoffer Benjaminsen	--	2	<b>51:55</b>	16:10	05:11
43	Gudding Erlend	--	2	<b>52:05</b>	16:20	05:12
44	Frode Sæther	--	10	<b>53:22</b>	17:37	05:20
45	Petter Helland	--	25	<b>54:26</b>	18:41	05:26
46	Erik Ingebrigtsen	--	3	<b>54:40</b>	18:55	05:28
47	Lars Rune Skaug	Elixia Teglgården	8	<b>55:22</b>	19:37	05:32
48	Lars Peder Haga	--	3	<b>57:53</b>	22:08	05:47
49	Lars Rindvoll	--	1	<b>59:47</b>	24:02	05:58
50	Jan Thomas Kobberrød	--	3	<b>1:00:26</b>	24:41	06:02
51	Sigve Hovda	--	1	<b>1:02:00</b>	26:15	06:12
52	Vebjørn Rodal	--	5	<b>1:10:32</b>	34:47	07:03
53	Tare Teksum	--	1	<b>1:10:33</b>	34:48	07:03
54	Hans Kristian Nilsen	--	1	<b>1:17:29</b>	41:44	07:44
Antall	54	Påmeldte: 54	Startende: 54			

<b>Menn 40-44</b>		<b>10 KM</b>				
1	Terje Olsen - Tiurveien	--	13	<b>33:06</b>		03:18
2	Knut Ole Fagervold	Yrjar	30	<b>37:49</b>	04:43	03:46
3	Reidar Sivertsen	Utleira ski IL	20	<b>37:59</b>	04:53	03:47
4	Kjell Vidar Norheim	Hitra Friidrettsklubb	4	<b>38:17</b>	05:11	03:49
5	Tommy Olsen	Byneset IL	14	<b>38:18</b>	05:12	03:49
6	Olav Lund	Støren	3	<b>38:27</b>	05:21	03:50
7	Frank Antonsen	--	5	<b>38:41</b>	05:35	03:52
8	Geir Hansen	Kyrksæterøra IL	12	<b>39:28</b>	06:22	03:56
9	Eirik Bruset	Todalen il	2	<b>39:59</b>	06:53	03:59
10	Johnny Gaustad	Bratsberg IL	7	<b>40:04</b>	06:58	04:00
11	Øystein Lie	--	4	<b>40:48</b>	07:42	04:04
12	Ørjan Greiff Johnsen	--	3	<b>41:09</b>	08:03	04:06
13	Roar Bakås	--	3	<b>41:10</b>	08:04	04:07
14	Jan Egil Storrø	Klæbu Løpeklubb	15	<b>41:55</b>	08:49	04:11
15	Tore Helgesen	PwC BIL	1	<b>42:03</b>	08:57	04:12
16	Morten Åge Storrø	--	18	<b>42:08</b>	09:02	04:12
17	Roar Kollerud	--	18	<b>42:09</b>	09:03	04:12
18	Stig Pettersen	--	2	<b>42:17</b>	09:11	04:13
19	John Aune	Kyrksæterøra IL	3	<b>42:22</b>	09:16	04:14
20	Bjørnar Hernes	--	2	<b>43:08</b>	10:02	04:18
21	Trygve Kvithyld	--	3	<b>43:10</b>	10:04	04:19
22	Axel Müller	NGU b.i.l.	3	<b>43:24</b>	10:18	04:20
23	Morten Espeland	EMGS BIL	2	<b>43:28</b>	10:22	04:20
24	Terje Johansen	--	1	<b>43:38</b>	10:32	04:21
25	Knut Arne Kissten	--	6	<b>44:00</b>	10:54	04:24
26	Christian Bauer	Trondheim Triatlonklubb	3	<b>44:13</b>	11:07	04:25
27	John Brumo	NTNU - BIL	6	<b>44:47</b>	11:41	04:28
28	Petter Sagberg	--	1	<b>44:57</b>	11:51	04:29
29	Håvard Silseth	--	1	<b>45:00</b>	11:54	04:30
30	Håvard Steinsbekk	--	1	<b>45:03</b>	11:57	04:30
31	Steinar Havik	--	1	<b>45:33</b>	12:27	04:33
32	Morten Belsvik	--	27	<b>45:37</b>	12:31	04:33
33	Sivert Børsting	--	8	<b>46:02</b>	12:56	04:36
34	Isak Mattias Swahn	--	1	<b>46:08</b>	13:02	04:36
35	nils marius ulvik	--	1	<b>46:14</b>	13:08	04:37
36	Geir Erik Johansen	--	6	<b>46:17</b>	13:11	04:37
37	Terje Brekke	Campus Kristiania BIL	1	<b>46:21</b>	13:15	04:38
38	Tore Næss	--	2	<b>46:34</b>	13:28	04:39
39	Per Arne Urland	--	2	<b>48:04</b>	14:58	04:48
40	Jon Birger Fagerli	--	2	<b>48:14</b>	15:08	04:49

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 40-44</b>						
<b>10 KM</b>						
41	Asbjørn Strømme	--	2	<b>48:19</b>	15:13	04:49
42	Knut Sæther	Leinstrand	1	<b>48:34</b>	15:28	04:51
43	Eirik Vikan	--	2	<b>48:42</b>	15:36	04:52
44	Per Rune Tangen	--	14	<b>48:49</b>	15:43	04:52
45	Eystein Løkken	--	5	<b>48:52</b>	15:46	04:53
46	Trygve Dybdahl	--	23	<b>49:10</b>	16:04	04:55
47	Roar Knudsen	--	2	<b>49:39</b>	16:33	04:57
48	Svein Dahl	--	2	<b>50:06</b>	17:00	05:00
49	Jonny Røbben	--	9	<b>50:21</b>	17:15	05:02
50	Mads Olsen		2	<b>51:05</b>	17:59	05:06
51	Gisle Woldseth	Valentinlyst IL	16	<b>51:07</b>	18:01	05:06
52	Reidulf Herrmann	--	4	<b>51:46</b>	18:40	05:10
53	Kåre Th Claussen	Veidekke VIL	23	<b>51:54</b>	18:48	05:11
54	Håvard Stiklestad	IL Fjellmann	1	<b>51:58</b>	18:52	05:11
55	Karl Martin Lund	--	2	<b>52:33</b>	19:27	05:15
56	Jan Mahle	--	2	<b>52:47</b>	19:41	05:16
57	Chris Rynning	--	2	<b>54:00</b>	20:54	05:24
58	Dag Bøklep	--	7	<b>54:20</b>	21:14	05:26
59	Torkil Størseth	--	1	<b>59:01</b>	25:55	05:54
60	Kjell Folstadli	--	1	<b>1:00:44</b>	27:38	06:04
61	Trond Erik Krogstad	Flå IL	3	<b>1:03:56</b>	30:50	06:23
62	Anders Skrove	--	1	<b>1:08:23</b>	35:17	06:50
63	Brynjar Thorsson Loktu	Freidig	31	<b>1:19:46</b>	46:40	07:58
DNF	Anders Alstad	--	4			
Antall	64	Påmeldte: 64		Startende: 64		

## Menn 45-49

### 10 KM

1	Håkon Kyllø	Dalebrand IL	8	<b>36:03</b>		03:36
2	Håvard Lorange	--	1	<b>36:14</b>	00:11	03:37
3	Johan Venseth	--	4	<b>37:20</b>	01:17	03:44
4	Rune Jensen	Hitra Friidrettsklubb	1	<b>38:00</b>	01:57	03:48
5	Morten Sørtømme	--	12	<b>38:32</b>	02:29	03:51
6	Stein Ove Erikstad	NTNU - BIL	1	<b>40:05</b>	04:02	04:00
7	Knut Ove Hellandsjø	Orkanger I.F.	21	<b>40:09</b>	04:06	04:00
8	Gunnar Taraldsen	Støtet	16	<b>42:14</b>	06:11	04:13
9	Knut Opheim	Hovin IL	2	<b>42:23</b>	06:20	04:14
10	Tom Ovesen	--	14	<b>42:51</b>	06:48	04:17
11	Peter Svensson	--	7	<b>42:59</b>	06:56	04:17
12	Harald Sundby	Nedre Singsaker	6	<b>43:33</b>	07:30	04:21
13	Pål Feseth Heggli	Stjørdal FIK	8	<b>43:39</b>	07:36	04:21
14	Børge Flønes	Klæbu Løpeklubb	21	<b>43:45</b>	07:42	04:22
15	Tom S. Nordtvedt	--	6	<b>43:48</b>	07:45	04:22
16	Arve Tegnander	Fokus Bank BIL	1	<b>46:17</b>	10:14	04:37
17	Hans Jakob Jakobsen	--	16	<b>47:24</b>	11:21	04:44
18	Eirik Remman	--	12	<b>47:58</b>	11:55	04:47
19	Roy Åge Østerås	Melhus IL	7	<b>48:20</b>	12:17	04:50
20	Vidar Lunda	--	20	<b>48:57</b>	12:54	04:53
21	Geir Wolden	--	5	<b>49:22</b>	13:19	04:56
22	Kjell Erik Dahl-Andersen	--	4	<b>49:57</b>	13:54	04:59
23	Odd Ove Vestmo	--	1	<b>50:56</b>	14:53	05:05
24	Tor Holm	ELIXIA Lade	2	<b>53:03</b>	17:00	05:18
25	Per Olav Asklund	--	2	<b>54:35</b>	18:32	05:27
26	Jan Vidar Snefugl	Gnagsår	20	<b>55:14</b>	19:11	05:31
27	Jan Frode Lorås	Elixia Teglgården	1	<b>55:36</b>	19:33	05:33
28	Roar Olsen	--	23	<b>58:16</b>	22:13	05:49
29	Tor Arne Haugen	--	2	<b>59:31</b>	23:28	05:57



# Resultatliste

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 45-49</b>		<b>10 KM</b>				
30	Helge Berg	--	1	<b>1:03:09</b>	27:06	06:18
31	Robert Withbro	--	2	<b>1:04:04</b>	28:01	06:24
32	Einar Rønningen	--	1	<b>1:08:11</b>	32:08	06:49
33	Erik Vinje	Vinjes BIL	31	<b>1:08:16</b>	32:13	06:49
Antall	33	Påmeldte: 33		Startende: 33		
<b>Menn 50-54</b>		<b>10 KM</b>				
1	Bård Roll	Nidelv	22	<b>39:34</b>		03:57
2	Bjørn Stavnes	Elixia Teglgården	3	<b>39:44</b>	00:10	03:58
3	Terje Solemsaunet	--	24	<b>41:13</b>	01:39	04:07
4	Brent Landsem	--	3	<b>42:17</b>	02:43	04:13
5	Roald Lilletvedt	--	9	<b>42:47</b>	03:13	04:16
6	John Erik Lein	Ogndal IL	12	<b>43:20</b>	03:46	04:20
7	Paul Håkon Almås	Hommelvik I.L.	6	<b>43:44</b>	04:10	04:22
8	Jon Eriksen	--	5	<b>43:58</b>	04:24	04:23
9	Ketil Røkkebo	--	31	<b>44:38</b>	05:04	04:27
10	Terje Bjørnes	--	3	<b>44:53</b>	05:19	04:29
11	Per Arvid Steen	Gnagsår	7	<b>45:15</b>	05:41	04:31
12	Jan Ove Tvervåg	--	12	<b>45:32</b>	05:58	04:33
13	Svein Solvik	--	19	<b>46:01</b>	06:27	04:36
14	Ola Fløttum	--	15	<b>47:02</b>	07:28	04:42
15	Sverre Helge Torp	St. Olavs Hospital BIL	12	<b>47:19</b>	07:45	04:43
16	Erik Hoston	--	2	<b>47:57</b>	08:23	04:47
17	Gaute Storrø	--	8	<b>48:40</b>	09:06	04:52
18	Frode Ledang	Elixia Teglgården	6	<b>48:43</b>	09:09	04:52
19	Einar Rønning	--	9	<b>48:44</b>	09:10	04:52
20	Arve Vekseth	--	1	<b>48:53</b>	09:19	04:53
21	Morten Nergård	--	4	<b>48:59</b>	09:25	04:53
22	Harald M Brekken	--	7	<b>50:00</b>	10:26	05:00
23	Gunnar Sørlie	Motvind	4	<b>50:08</b>	10:34	05:00
24	Lars Folvik	--	1	<b>50:48</b>	11:14	05:04
25	Kåre Loeng	Malvigen Dannede	19	<b>50:51</b>	11:17	05:05
26	Oddvar Njåstad	Lademoen	1	<b>51:00</b>	11:26	05:06
27	Geir Elvbakken	--	16	<b>52:31</b>	12:57	05:15
28	Tor Arne Vinje	Tor Arne Vinje AS	10	<b>53:30</b>	13:56	05:21
29	Kjell-Audun Woldseth	--	30	<b>53:50</b>	14:16	05:23
30	Arild Aagesen	--	5	<b>54:07</b>	14:33	05:24
31	Tommy Høydal	--	21	<b>55:17</b>	15:43	05:31
32	Ola Haukdal	Støren	4	<b>57:15</b>	17:41	05:43
33	Tore Olsen	--	10	<b>59:26</b>	19:52	05:56
34	Einar Hattrem	--	1	<b>59:28</b>	19:54	05:56
35	Jo Kvarberg	Byåsen	4	<b>1:00:28</b>	20:54	06:02
36	Stein Hofstad	--	19	<b>1:00:30</b>	20:56	06:03
37	Jan Morten Sandnes	--	14	<b>1:01:23</b>	21:49	06:08
Antall	37	Påmeldte: 37		Startende: 37		
<b>Menn 55-59</b>		<b>10 KM</b>				
1	Øyvind Trongmo	--	5	<b>35:58</b>		03:35
2	Morten Thoresen	HIST	8	<b>41:29</b>	05:31	04:08
3	Otto Helge Reitan	--	22	<b>41:54</b>	05:56	04:11
4	Hans-Jørgen Sæther	--	2	<b>42:25</b>	06:27	04:14
5	Sverre Buan	Strindheim	30	<b>42:39</b>	06:41	04:15
6	Tore Graff Salvesen	BIL / OSS	18	<b>43:20</b>	07:22	04:20
7	Kjetil Lehn	Statsbygg	11	<b>43:50</b>	07:52	04:23
8	Sergey Ivanov	--	8	<b>45:20</b>	09:22	04:32

# Resultatliste

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 55-59</b>						
<b>10 KM</b>						
9	Ola Halle	--	13	<b>46:23</b>	10:25	04:38
10	Stein Øvstedal	HIST	12	<b>46:35</b>	10:37	04:39
11	Per Erling Johansen	--	10	<b>47:26</b>	11:28	04:44
12	Kjell Olav Storflo	IL Dalebrand	28	<b>48:22</b>	12:24	04:50
13	Petter Østhus	Støtet	11	<b>48:56</b>	12:58	04:53
14	Trond Inge Selven	Orkanger I.F.	22	<b>49:17</b>	13:19	04:55
15	Hans Rønning	--	23	<b>50:16</b>	14:18	05:01
16	Brynjar Einum	--	1	<b>50:20</b>	14:22	05:02
17	Svein Willy Sveberg	--	4	<b>52:51</b>	16:53	05:17
18	Terje Rotvold	--	12	<b>54:17</b>	18:19	05:25
19	Jan Onsøien	--	31	<b>54:53</b>	18:55	05:29
20	Bjarne Frøyland	ABIL	19	<b>55:04</b>	19:06	05:30
21	Hallvard Barlaup	--	11	<b>55:14</b>	19:16	05:31
22	Per Jan Ørbog	--	29	<b>55:16</b>	19:18	05:31
23	Idar Lerdahl	--	21	<b>56:56</b>	20:58	05:41
24	Steffen Kirknes	Norbit ODM	5	<b>57:43</b>	21:45	05:46
25	Nils Åge Knutsen	Heimdal Ski	12	<b>1:00:08</b>	24:10	06:00
26	Jan Sneisen	--	31	<b>1:00:25</b>	24:27	06:02
27	Odd Joar Røthe	--	1	<b>1:01:37</b>	25:39	06:09
28	Kjell Brennskag	--	8	<b>1:01:47</b>	25:49	06:10
29	Jørn-Wiggo Bergquist	--	3	<b>1:02:55</b>	26:57	06:17
30	Øivind Johnsen	--	8	<b>1:02:56</b>	26:58	06:17
31	Torfinn Wahl	--	20	<b>1:04:42</b>	28:44	06:28
Antall	31	Påmeldte: 31		Startende: 31		

<b>Menn 60-64</b>						
<b>10 KM</b>						
1	Freddie W. Schumann	--	19	<b>41:40</b>		04:10
2	Nils Gjønnes	--	31	<b>42:02</b>	00:22	04:12
3	Arvid Syrstad	--	4	<b>44:56</b>	03:16	04:29
4	Ivar Sliper	--	19	<b>46:57</b>	05:17	04:41
5	Lars Kligen	--	21	<b>47:03</b>	05:23	04:42
6	Asle Reksterberg	--	3	<b>47:35</b>	05:55	04:45
7	Jon Birger Rødde	--	22	<b>49:45</b>	08:05	04:58
8	Torodd Næss	Nidelv	31	<b>49:57</b>	08:17	04:59
9	John Furuhaug	--	23	<b>50:27</b>	08:47	05:02
10	Ola Todal	--	10	<b>50:51</b>	09:11	05:05
11	Ragnar Lorentsen	--	20	<b>51:12</b>	09:32	05:07
12	Inge Bjerknes	--	30	<b>51:18</b>	09:38	05:07
13	Oddmund Slind	--	31	<b>51:43</b>	10:03	05:10
14	Bjørn Indseth	Malvik IL	21	<b>51:47</b>	10:07	05:10
15	Bjørn Anthun	--	19	<b>52:38</b>	10:58	05:15
16	Per Wågø	--	28	<b>53:36</b>	11:56	05:21
17	Arvid Almås	--	29	<b>54:12</b>	12:32	05:25
18	Kjell Holthe	--	26	<b>55:10</b>	13:30	05:31
19	Erling Skansen	--	31	<b>56:10</b>	14:30	05:37
20	Harald Krogstad	--	21	<b>59:20</b>	17:40	05:56
21	Pål Skalle	--	1	<b>1:00:04</b>	18:24	06:00
22	Knut Gisle Barmann	Elixia Teglgården	18	<b>1:05:23</b>	23:43	06:32
23	Asbjørn Hjeltnes	--	30	<b>1:05:48</b>	24:08	06:34
24	Jostein Hoel	--	31	<b>1:08:12</b>	26:32	06:49
DNF	Anders Waage	--	3			
Antall	25	Påmeldte: 25		Startende: 25		

# Resultatliste

## Tordenskiold-løpet

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Menn 65-69 10 KM</b>						
1	Hagbart Vebostad	--	22	45:55		04:35
2	Gustav E Karlsen	Byåsen	15	46:35	00:40	04:39
3	Rolf Brennskag	--	24	47:53	01:58	04:47
4	Odd Martinsen	stjærdals blink	3	49:32	03:37	04:57
5	Odd Feragen	--	2	50:13	04:18	05:01
6	Atle Vada	Vada IL	15	51:15	05:20	05:07
7	Ottar Ingolf Skarsaune	--	29	51:49	05:54	05:10
7	Kjell Hovset	--	15	51:49	05:54	05:10
9	Olaf Eggen	--	30	52:41	06:46	05:16
10	Svein Heistad	--	29	52:48	06:53	05:16
11	Ola Kletten	--	31	54:44	08:49	05:28
12	Olav Birger Aursøy	--	30	55:14	09:19	05:31
13	Magne Skinderhaug	Gnagsår	31	56:10	10:15	05:37
14	Rolf Selbekk	--	21	58:30	12:35	05:51
15	Jan Kåre Ekren	--	31	58:53	12:58	05:53
16	Knut Ragnar Holm	NTNU - BIL	18	59:20	13:25	05:56
17	Arne Harald Bysveen	--	10	1:04:38	18:43	06:27
18	Halvor Driveklepp	--	17	1:05:27	19:32	06:32
19	Odd Skjærli	Støren	29	1:05:29	19:34	06:32
20	Martin Holte	--	26	1:05:45	19:50	06:34
21	Harald Helland	Dressman BIL	31	1:39:43	53:48	09:58
Antall	21	Påmeldte: 21		Startende: 21		
<b>Menn 70+ 10 KM</b>						
1	Sverre Mikal Myklestad	Byåsen	23	55:49		05:34
2	Gunnar Aune	G-sport Lefstad	30	56:05	00:16	05:36
3	Kåre Fagervold	Yrjar	31	56:35	00:46	05:39
4	Finn Sture Samsjø	--	31	1:00:18	04:29	06:01
5	Gar Garåsen	IL Dalebrand	5	1:03:14	07:25	06:19
6	Thor Loktu	Freidig	30	1:19:47	23:58	07:58
7	Willy Johansen	--	31	1:28:03	32:14	08:48
8	Ivar Aadahl	E. C. Dahls Bryggeri B.I. 30		1:39:44	43:55	09:58
9	Jahn Olsen	--	1	1:39:45	43:56	09:58
Antall	9	Påmeldte: 9		Startende: 9		
<b>Kvinner 17 10 KM</b>						
1	Kristin Røttereng	--	1	49:43		04:58
Antall	1	Påmeldte: 1		Startende: 1		
<b>Kvinner 18 10 KM</b>						
1	Ingrid Johanne Stegavik	--	1	50:50		05:05
Antall	1	Påmeldte: 1		Startende: 1		
<b>Kvinner 19-22 10 KM</b>						
1	Ane Næsset Ramtvedt	--	1	42:38		04:15
2	Ingvild Aukan	--	3	43:46	01:08	04:22
3	Hanne H Strand	--	2	45:42	03:04	04:34
4	Elise Caspersen	--	1	49:26	06:48	04:56
5	Marte Tøndel	Løkken IF	1	49:47	07:09	04:58
6	Line Roverud	--	1	49:51	07:13	04:59
7	Charlotte Sørgård	--	1	52:04	09:26	05:12
8	Line Rydså	--	1	52:48	10:10	05:16

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Kvinner 19-22 10 KM</b>						
9	Guro Midtlien	--	1	<b>53:54</b>	11:16	05:23
10	Anette Selbo	--	2	<b>57:12</b>	14:34	05:43
11	Marte Lukris Hestetun	--	1	<b>59:29</b>	16:51	05:56
Antall	11	Påmeldte: 11	Startende: 11			
<b>Kvinner 23-34 10 KM</b>						
1	Gro Jordalen	Strindheim	3	<b>40:52</b>		04:05
2	Katharina Kahrs	NTNUI-langrenn	1	<b>41:18</b>	00:26	04:07
3	Berit Gjelten	NTNUI-langrenn	2	<b>41:22</b>	00:30	04:08
4	Tonje Ovesen	Byåsen IL	7	<b>42:52</b>	02:00	04:17
5	Helene Hvidsten	--	1	<b>43:36</b>	02:44	04:21
6	Heidi Haugen	--	5	<b>45:14</b>	04:22	04:31
7	Lena Larssen	--	1	<b>45:42</b>	04:50	04:34
8	Mari Undseth	--	1	<b>46:41</b>	05:49	04:40
9	Turid Haugen	--	1	<b>47:58</b>	07:06	04:47
10	Marte Storås Einum	--	8	<b>48:46</b>	07:54	04:52
11	anita unghjem	Solbakken bhg	1	<b>49:02</b>	08:10	04:54
12	Anita Kvam	--	1	<b>49:20</b>	08:28	04:56
13	Ida Bjørklund	--	1	<b>49:29</b>	08:37	04:56
14	Synnøve Rødskaft Ystmark	Atmel	1	<b>50:04</b>	09:12	05:00
15	Anne-Marit Haukø	Namdal Løpeklubb	3	<b>50:43</b>	09:51	05:04
16	Hanne Hauge	--	1	<b>51:11</b>	10:19	05:07
17	Anne Holla Sivertsen	--	1	<b>51:27</b>	10:35	05:08
18	Siri Hval	--	1	<b>52:11</b>	11:19	05:13
19	Torunn Nordstad Moen	ELIXIA Lade	2	<b>52:53</b>	12:01	05:17
20	Beate Selbo	Team 3T	1	<b>53:13</b>	12:21	05:19
21	Kristin Vikan	--	1	<b>53:44</b>	12:52	05:22
22	Charlotte Mohn	--	1	<b>54:54</b>	14:02	05:29
23	Hanne Aune	VIA Travel Tvette AS	3	<b>54:58</b>	14:06	05:29
24	Marita Hoff	--	2	<b>55:04</b>	14:12	05:30
25	Gro Nordengen	--	2	<b>55:05</b>	14:13	05:30
26	Marie Dahl	--	1	<b>55:58</b>	15:06	05:35
27	Linda Eimhjellen	--	1	<b>56:13</b>	15:21	05:37
28	Anne Cecilie Nordsve	--	1	<b>56:18</b>	15:26	05:37
29	Tone Friden	--	1	<b>56:52</b>	16:00	05:41
30	Cecilia Lysø-Johansen	Strindheim	1	<b>56:58</b>	16:06	05:41
31	Silje Nørsett	--	1	<b>1:03:10</b>	22:18	06:19
32	Helene Hesselberg Rendal	--	1	<b>1:03:46</b>	22:54	06:22
33	Ann Kristin Lund Aaker	--	1	<b>1:04:02</b>	23:10	06:24
34	Tone Jensen	--	1	<b>1:11:11</b>	30:19	07:07
Antall	34	Påmeldte: 34	Startende: 34			
<b>Kvinner 35-39 10 KM</b>						
1	Anne Nevin	Strindheim	2	<b>37:29</b>		03:44
2	Irene Haugsdal Olsøybakk	--	2	<b>41:41</b>	04:12	04:10
3	Tone Buan Rudolfsen	--	3	<b>46:40</b>	09:11	04:40
4	Lena Østhus	--	4	<b>48:44</b>	11:15	04:52
5	Turid Skarholt	--	1	<b>48:58</b>	11:29	04:53
6	Mari Overgård	Byåsen IL	3	<b>50:36</b>	13:07	05:03
7	Tove Grete Lie	--	1	<b>52:57</b>	15:28	05:17
8	Gunn-Kristin Olsen	--	3	<b>53:46</b>	16:17	05:22
9	Ingvild Harr Lian	--	2	<b>55:05</b>	17:36	05:30
10	Anne Stine Ekker	--	1	<b>57:50</b>	20:21	05:47
11	Ingeborg Ensrud	--	1	<b>58:26</b>	20:57	05:50
11	Lin Bergstrøm	--	1	<b>58:26</b>	20:57	05:50

# Resultatliste

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Kvinner 35-39</b>		<b>10 KM</b>				
13	Ingrid Holm	--	1	<b>1:00:52</b>	23:23	06:05
14	Maja Lefstad Hilmarsen	--	15	<b>1:02:41</b>	25:12	06:16
15	Anne Jølle	--	1	<b>1:06:32</b>	29:03	06:39
16	Jane Skoglund	--	1	<b>1:33:09</b>	55:40	09:18
Antall	16	Påmeldte: 16		Startende: 16		
<b>Kvinner 40-44</b>		<b>10 KM</b>				
1	Lisbeth Vold	--	7	<b>40:20</b>		04:02
2	Anita Eidem	--	2	<b>41:00</b>	00:40	04:06
3	Kathrin Höner	--	1	<b>41:50</b>	01:30	04:11
4	Rosetta Steeneveldt	Statoil BIL	1	<b>45:10</b>	04:50	04:31
5	Siri Ann Nyrmes	St. Olavs Hospital BIL	1	<b>46:27</b>	06:07	04:38
6	Inger Næve	--	2	<b>47:36</b>	07:16	04:45
7	Siv Landrø	Malvik IL	4	<b>49:35</b>	09:15	04:57
8	Ann-Kristin Kolbergstrud	Trondheim Kommune	1	<b>49:36</b>	09:16	04:57
9	Marianne Sørlokk	--	4	<b>49:42</b>	09:22	04:58
10	Kristin Hestflått Spilker	Ramme Alvor SK	2	<b>51:51</b>	11:31	05:11
11	Elisabeth Strand	--	1	<b>55:07</b>	14:47	05:30
12	Gørild Berg-Johansen	--	1	<b>56:07</b>	15:47	05:36
13	Gry Strømme	--	2	<b>58:37</b>	18:17	05:51
14	Liv Irene Opdal	--	1	<b>1:01:56</b>	21:36	06:11
15	Tone Asbøll	Løkken IF	4	<b>1:01:57</b>	21:37	06:11
16	Nina Gråve	--	1	<b>1:04:01</b>	23:41	06:24
17	Torbjørn Slette	Trygg Lade	1	<b>1:06:37</b>	26:17	06:39
Antall	17	Påmeldte: 17		Startende: 17		
<b>Kvinner 45-49</b>		<b>10 KM</b>				
1	Oddveig Dybdahl Fagervold	--	22	<b>45:39</b>		04:33
2	Siri Schive Hjelde	Elixia Teglgården	1	<b>46:42</b>	01:03	04:40
3	Ann-Elise Antonsen	--	11	<b>52:42</b>	07:03	05:16
4	Trude Opsal	--	1	<b>52:49</b>	07:10	05:16
5	Jorun Hestvik	--	7	<b>53:48</b>	08:09	05:22
6	Ingrid Volden	--	4	<b>56:26</b>	10:47	05:38
7	Lise Martinussen	--	1	<b>59:22</b>	13:43	05:56
8	Sigrid Klakegg Lunda	--	11	<b>59:33</b>	13:54	05:57
9	Ingunn Fylkesnes	--	1	<b>1:01:55</b>	16:16	06:11
10	Brynhild Singsdal	--	8	<b>1:03:12</b>	17:33	06:19
Antall	10	Påmeldte: 10		Startende: 10		
<b>Kvinner 50-54</b>		<b>10 KM</b>				
1	Britt Storås Einum	IL Dalguten	16	<b>53:01</b>		05:18
2	Lisbeth Selnes Jensen	--	15	<b>53:47</b>	00:46	05:22
3	Marit Ytrehus	--	2	<b>1:01:15</b>	08:14	06:07
4	Jonette Indset	--	5	<b>1:01:52</b>	08:51	06:11
5	Kirsti Blikeng	--	1	<b>1:04:03</b>	11:02	06:24
Antall	5	Påmeldte: 5		Startende: 5		
<b>Kvinner 55-59</b>		<b>10 KM</b>				
1	Wenche Lisbeth Lande	Byåsen IL	16	<b>42:56</b>		04:17
2	Tone Ramstad	Byåsen IL	7	<b>46:56</b>	04:00	04:41
3	Ragnhild Brå Vardehaug	St. Olavs Hospital BIL	3	<b>51:55</b>	08:59	05:11
4	Eva Anthun	--	8	<b>52:08</b>	09:12	05:12

# Resultatliste

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Class	Navn	Klubb	Ant.gng.	Tid	Etter	Km-tid
<b>Kvinner 55-59</b>		<b>10 KM</b>				
5	Aud Flatval	Elixia Teglgården	1	<b>53:14</b>	10:18	05:19
6	Ritva Skoglund	--	1	<b>1:33:09</b>	50:13	09:18
Antall	6	Påmeldte: 6		Startende: 6		
<b>Kvinner 60-64</b>		<b>10 KM</b>				
1	Åse Riis	Trondheim Kommune	5	<b>58:24</b>		05:50
2	Kristine Kolmannskog	--	17	<b>59:45</b>	01:21	05:58
Antall	2	Påmeldte: 2		Startende: 2		
<b>Kvinner 65-69</b>		<b>10 KM</b>				
1	Arna Bergsmyr	--	16	<b>55:20</b>		05:32
2	Bodil Buhaug	Byåsen IL	21	<b>1:08:51</b>	13:31	06:53
Antall	2	Påmeldte: 2		Startende: 2		
<b>Kvinner 70+</b>		<b>10 KM</b>				
1	Åse Rekkebo	BIL/OSS	30	<b>1:00:46</b>		06:04
Antall	1	Påmeldte: 1		Startende: 1		