

Total results

2 race count

Place Runner # Total Race 1 Race 2

A4

1	Jan Helge Kristiansen, Freidig, SPK	19:10	19:10-1	-
2	Hans Sæternes, Byåsen IL	1:38:29		1:38:29-1

D11-12

1	Maiken økern Hågård, Stjørdals-	29:33	10:33-1	19:00-2
2	Line Sølberg, Leik, IL	30:17	11:14-4	19:03-3
3	Ragnhild Eide, Byåsen IL	31:07	12:16-6	18:51-1
4	Emilie Liabakk Eriksen, Byåsen IL	31:17	10:36-2	20:41-5
5	Malin Sandstad, Freidig, SPK	31:52	11:05-3	20:47-6
6	Dina Evjen Røset, Byåsen IL	32:21	12:06-5	20:15-4

D11-12N

1	Frida Mannvik Polle, Trollelg, OL	24:02	24:02-1	-
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D13-14

1	Anna Solberg, Trollelg, OL	36:04	12:11-3	23:53-3
2	Ingeborg Eide, Byåsen IL	36:06	13:34-8	22:32-1
3	Emma Arnesen, Byåsen IL	36:15	12:39-6	23:36-2
4	Gina Mølsvik, Freidig, SPK	36:32	11:40-2	24:52-4
5	Marte Hoff Hagen, Byåsen IL	36:54	11:22-1	25:32-6
6	Frida Sæther, Freidig, SPK	37:09	12:14-4	24:55-5
7	Sigrid Pedersli, Trollelg, OL	40:43	12:15-5	28:28-7
8	Ingvild Ytterhus Utengen, Byåsen IL	44:27	14:00-9	30:27-8
9	Rebecca Sætherhaug, Trollelg, OL	47:38	14:05-10	33:33-10
10	Kristine Klock Fleten, Wing OK	47:39	15:11-13	32:28-9
11	Ane Svegård Bye, Byåsen IL	51:30	15:36-15	35:54-11
12	Ida Øien, Trollelg, OL	13:30	13:30-7	DSQ
13	Kaja Bø Timestad, Freidig, SPK	14:27	14:27-11	DSQ
14	Ingrid-Therese Helland Eriksen,	14:28	14:28-12	DNS
15	Ingrid Liabakk Eriksen, Byåsen IL	15:18	15:18-14	DSQ

D15-16

1	Jorunn Kvakland, Freidig, SPK	34:11	11:26-1	22:45-1
2	Mette Evjen Røset, Byåsen IL	36:35	11:50-2	24:45-2
3	Sunniva Storrønning, Byåsen IL	43:39	12:53-3	30:46-4
4	Karoline Wollan Benum, Byåsen IL	44:06	14:11-6	29:55-3
5	Sigrid Bratsberg, Wing OK	48:21	13:42-4	34:39-5
6	Mari Kristine Overvik Gilde, Freidig,	51:25	14:03-5	37:22-6
	Karen Oline Kolstad, Freidig, SPK	00:00	DNS	DNS

D17-18

1	Eli Marita Forseth, Trollelg, OL	51:17	13:53-1	37:24-1
2	Marit Skoglund, Byåsen IL	1:04:19	16:09-2	48:10-2

D19-20

1	Silje Borge Hovi, NTNUI	1:12:51	19:19-1	53:32-1
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D21

Place	Runner	Total	Race 1	Race 2
1	Mari Fasting, NTNUI	45:03	14:40-3	30:23-1
2	Hanne Sandstad, Freidig, SPK	45:37	14:26-2	31:11-2
3	Siri Ulvestad, NTNUI	45:44	14:03-1	31:41-4
4	Guro Flatekval, NTNUI	46:02	14:50-4	31:12-3
5	Line Hagman, NTNUI	49:40	14:56-5	34:44-5
6	Hanne Nøvik, NTNUI	51:22	15:38-6	35:44-6
7	Elise Egseth, Wing OK	53:38	15:47-7	37:51-7
8	Birgit økern Jensen, Stjørdals-Blink	1:07:51	17:27-8	50:24-10
9	Marit Isachsen, Asker SK	1:16:26	19:54-9	56:32-11
10	Emily Wall, Wing OK	1:18:19	32:04-10	46:15-9
11	Chloe Blanc, NTNUI	46:13	DSQ	46:13-8

D40

1	Mona Mølnevik, Freidig, SPK	56:29	16:35-3	39:54-1
2	Gro Sandstad Eidsmo, Freidig, SPK	57:44	15:30-1	42:14-3
3	Torunn Spets Storhov, Freidig, SPK	57:52	16:22-2	41:30-2
4	Mona Høiås Sæther, Freidig, SPK	1:02:29	17:56-5	44:33-4
5	Nina-Beate Liabakk, Byåsen IL	1:02:48	17:33-4	45:15-5
6	Tone Almås, Leik, IL	1:15:19	18:46-6	56:33-6

D50

1	Gerd Bjørseth, Krokstadøra IL	38:24	13:12-1	25:12-1
2	Karin Galaaen, Selbu OK	43:18	14:20-2	28:58-2

D60

1	Katarina Mo Berge, Freidig, SPK	38:46	13:27-1	25:19-1
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H11-12

1	Oskar Spets Storhov, Freidig, SPK	28:20	10:10-1	18:10-2
2	Kjetil Mølnevik, Freidig, SPK	29:51	12:57-2	16:54-1
3	Håvard Eidsmo, Freidig, SPK	33:44	14:18-3	19:26-3
4	Daniel Grønås, Byåsen IL	52:36	26:27-5	26:09-4
5	Even Svegård Bye, Byåsen IL	1:05:26	18:58-4	46:28-5

H13-14

1	Øyvind Wiggen, Byåsen IL	34:18	09:52-1	24:26-2
2	Olav Remmen, Trollelg, OL	34:30	11:16-2	23:14-1
3	Jan Edvard Nødland, Byåsen IL	42:02	12:26-5	29:36-3
4	Hallvard Seim Grøvlen, Nidarøst,	42:07	12:12-4	29:55-4
5	Brage Jørum, Byåsen IL	43:57	12:05-3	31:52-5
6	Øystein Krogstie, Freidig, SPK	1:00:08	13:07-6	47:01-6
7	Einar Keiserås, Leik, IL	1:03:46	14:23-8	49:23-8
8	Martin Løvås, Nidarøst, OK	1:04:02	16:11-9	47:51-7
9	Brynjar Forseth, Trollelg, OL	13:48	13:48-7	DSQ
	Ottar Ratvik Østvik, Wing OK	00:00	DNS	DNS

H15-16

1	Kristian Magnus Øien, Trollelg, OL	43:13	13:18-4	29:55-1
2	Ove Baardsgaard, Trollelg, OL	43:14	12:44-1	30:30-3
3	Andreas Sølberg, Leik, IL	43:19	13:03-2	30:16-2
4	Tormod Hovdenak Stenersen,	44:10	13:08-3	31:02-4
5	Brage Sæther, Freidig, SPK	51:26	14:11-6	37:15-5
6	Geir Inge Keiserås, Leik, IL	52:19	14:01-5	38:18-6

Place	Runner	Total	Race 1	Race 2
7	Sigve Wanvik Krogstadmo, Selbu	56:19	14:37-8	41:42-8
8	Terje Sørgård, Byåsen IL	56:22	14:54-9	41:28-7
9	Ola Keiserås, Leik, IL	1:02:29	16:30-11	45:59-9
10	Ådne K. Berg, Leik, IL	1:10:58	16:45-12	54:13-10
11	Ingebrigt Eid, Leik, IL	1:10:59	15:58-10	55:01-11
12	Torgeir Leithe, Selbu OK	1:24:16	19:40-14	1:04:36-12
13	Cecil Lonnee, Freidig, SPK	1:34:23	20:22-15	1:14:01-13
14	Arne Hofsmo, Selbu OK	1:48:34	20:54-16	1:27:40-14
15	Sigurd Stenvik, Byåsen IL	14:19	14:19-7	DNS
16	Nils Einar Brandtzæg, Freidig, SPK	18:00	18:00-13	DSQ
	Bendik Standal, Byåsen IL	00:00	DNS	DNS

H17-18

1	Sindre Sæther, Freidig, SPK	46:30	14:37-1	31:53-1
2	Martin Rønning, Freidig, SPK	48:45	14:43-2	34:02-2

H21

1	Øystein Kvaal Østerbø, Wing OK	46:53	13:41-1	33:12-3
2	Vegard Brun Saga, NTNUI	46:57	14:14-4	32:43-1
3	Lars Skjeset, NTNUI	47:27	13:45-2	33:42-5
4	Bjørn Ekeberg, Tyrving, IL	47:57	14:57-14	33:00-2
5	Olav Johannes Deelstra, NTNUI	48:13	13:49-3	34:24-11
6	Per Harald Havnen Johansen,	48:39	14:33-7	34:06-10
7	Felix Breitschädel, NTNUI	48:42	14:45-10	33:57-7
8	Vegard Ruttenborg, NTNUI	48:43	14:49-12	33:54-6
9	Jostein Nørbech, NTNUI	48:49	14:44-9	34:05-9
10	Tore Bjørseth Berdal, Wing OK	48:58	15:22-18	33:36-4
11	Johan Ivarsson, Freidig, SPK	49:06	15:05-16	34:01-8
12	Arild Nomeland, Kristiansand OK	50:05	14:28-6	35:37-12
13	Chris Forne, Wing OK	51:53	14:38-8	37:15-15
14	Morten Urdal Bakke, Kongsberg OL	52:31	16:36-26	35:55-13
15	Michal Bialozyt, NTNUI	52:36	15:48-21	36:48-14
16	Thomas Natvig Årstad, NTNUI	53:38	14:50-13	38:48-16
17	Jan Schmid, Trollelg, OL	54:24	15:34-19	38:50-17
18	Martin Hoset, NTNUI	54:28	14:18-5	40:10-19
19	Trond Einar Pedersli, Trollelg, OL	55:29	15:03-15	40:26-20
20	Trygve Olsen, NTNUI	55:33	16:07-22	39:26-18
21	Wolfgang Kampel, NTNUI	56:18	14:45-10	41:33-21
22	Halvor Eid Nielsen, NTNUI	58:23	15:12-17	43:11-23
23	Jostein Kvakland, Wing OK	58:48	16:07-22	42:41-22
24	Tommy Schmid, Trollelg, OL	1:01:24	17:16-28	44:08-24
25	Per Wiréhn, Byåsen IL	1:01:48	15:34-19	46:14-25
26	Mads Fornes, Wing OK	1:03:52	16:50-27	47:02-26
27	Lars Martin Hafstad, Byåsen IL	1:08:53	18:15-30	50:38-28
28	Snorre Hansen, Byåsen IL	1:08:56	18:00-29	50:56-29
29	Aleksander Pedersen, Trollelg, OL	1:27:43	22:46-31	1:04:57-30
30	Harri Luchsinger, Kongsberg OL	16:12	16:12-24	DSQ
31	Øyvind Enger, NTNUI	16:34	16:34-25	DSQ
32	Magnus Melbye-Larsen, NTNUI	48:24		48:24-27
	Mjøhus Thomas, Trollelg, OL	00:00		DSQ
	Olle Malmring, Freidig, SPK	00:00	DNS	DNS
	Audun Weltzien, Tyrving, IL	00:00	DNS	DNS
	Per Arne Troset, Wing OK	00:00	DNS	DNS

Place	Runner	Total	Race 1	Race 2
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	David Kabath, NTNUI	00:00	DNS	DNS
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H40

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1	Tomas Eidsmo, Freidig, SPK	44:30	13:33-1	30:57-3
2	Jens Even Storhov, Freidig, SPK	44:38	15:27-6	29:11-1
3	Knut Hagen, Byåsen IL	45:00	14:52-4	30:08-2
4	Håvard Lorange, Freidig, SPK	45:30	13:44-2	31:46-4
5	Bjørnar Lynum, Freidig, SPK	49:01	14:49-3	34:12-7
6	Øystein Rønning, Freidig, SPK	50:41	16:38-9	34:03-5
7	Øyvind Schjelderup, Freidig, SPK	52:03	16:29-8	35:34-8
8	Håvard Hågård, Stjørdals-Blink	52:14	14:55-5	37:19-10
9	Arild H Clausen, Freidig, SPK	53:32	17:05-10	36:27-9
10	Geir Paulsen, Trollelg, OL	55:52	16:03-7	39:49-11
11	Harald Storrønning, Byåsen IL	58:02	17:48-11	40:14-12
12	Erling Bye, Byåsen IL	58:40	18:12-12	40:28-13
13	Arvid Mølnevik, Freidig, SPK	34:05	DNS	34:05-6

H50

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1	Bjørn Berger, Byåsen IL	54:51	16:51-4	38:00-1
2	Eirik Vefsnmo, Byåsen IL	57:40	16:37-1	41:03-2
3	Eriksen Helge, Byåsen IL	16:43	16:43-2	DNS
4	Morten Skoglund, Byåsen IL	16:45	16:45-3	
	Magne Lysberg, Freidig, SPK	00:00		DNS
	Geir Owren, Freidig, SPK	00:00	DNS	DNS

H60

				-
1	Jacob Hygen, Freidig, SPK	40:44	14:36-1	26:08-1
	Nils Olav Vennevik, Freidig, SPK	00:00	DNS	DNS

H70

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1	Anders Lauglo, Trollelg, OL	41:45	16:24-1	25:21-1
2	Oddvar Opland, Trollelg, OL	50:44	17:37-4	33:07-2
3	Paul Forseth, Trollelg, OL	50:46	17:14-3	33:32-3
4	Magne Sæternes, Byåsen IL	16:39	16:39-2	DNS