

Freidigstafetten
Resultatliste

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
D135							
1	Byåsen IL lag 1 (43)			1:44:45			
	1 Guri Bjørndal	33:08 1	00:00	33:08 1	00:00		
	2 Ingrid Lien Johnsen	38:44 3	03:42	1:11:52 3	01:38	-2	
	3 Kari Solem Aune	32:53 1	00:00	1:44:45 1	00:00	2	
2	Frol IL lag 1 (41)			1:57:48	13:03		
	1 Magnhild Forseth	35:04 2	01:56	35:04 2	01:56		
	2 Randi Jensen	35:10 2	00:08	1:10:14 1	00:00	1	
	3 Randi Haugskott	47:34 2	14:41	1:57:48 2	13:03	-1	
3	Sportsklubben Freidig lag 1 (45)			2:15:08	30:23		
	1 Ingrid Kvakland	36:42 3	03:34	36:42 3	03:34		
	2 Anne Melkild	35:02 1	00:00	1:11:44 2	01:30	1	
	3 Sigrid Melkild	1:03:24 5	30:31	2:15:08 3	30:23	-1	
4	Wing OK lag 1 (44)			2:35:06	50:21		
	1 Siri Drogset	54:37 4	21:29	54:37 4	21:29		
	2 Åse Rita Ellingsen	49:38 4	14:36	1:44:15 4	34:01	0	
	3 Ingunn Morset	50:51 3	17:58	2:35:06 4	50:21	0	
5	Verdal OK lag 1 (42)			2:48:59	1:04:14		
	1 Ann Sissel Vehus	1:01:57 5	28:49	1:01:57 5	28:49		
	2 Gunhild Bredesen	52:09 5	17:07	1:54:06 5	43:52	0	
	3 Cathrine Thorhus	54:53 4	22:00	2:48:59 5	1:04:14	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
D15							
1	Sportsklubben Freidig lag 1 (35)			1:53:28		00:00	
	1 Gro Sandstad Eidsmo	39:47 2	04:13	39:47 2	04:13		
	2 Torunn Spets Storhov	37:51 1	00:00	1:17:38 2	01:02	0	
	3 Hanne Sandstad	35:50 1	00:00	1:53:28 1	00:00	1	
2	OL Trollelg lag 1 (34)			2:02:12		08:44	
	1 Kristin Haugskott	35:34 1	00:00	35:34 1	00:00		
	2 Maja Berger Kristiansand	41:02 2	03:11	1:16:36 1	00:00	0	
	3 Jenny Persson NTNUI	45:36 4	09:46	2:02:12 2	08:44	-1	
3	NTNUI lag 1 (32)			2:09:17		15:49	
	1 Sofie Aarnes	41:17 4	05:43	41:17 4	05:43		
	2 Hege Holth Johannessen	42:28 3	04:37	1:23:45 3	07:09	1	
	3 Natalie Egli	45:32 3	09:42	2:09:17 3	15:49	0	
4	NTNUI lag 2 (33)			2:15:41		22:13	
	1 Tessa Hill	41:02 3	05:28	41:02 3	05:28		
	2 Anette Heggøy	47:55 4	10:04	1:28:57 4	12:21	-1	
	3 Sigrid Vatne	46:44 5	10:54	2:15:41 4	22:13	0	
5	Sportsklubben Freidig lag 2 (36)			2:21:15		27:47	
	1 Solveig Angell-Petersen	42:23 5	06:49	42:23 5	06:49		
	2 Marit Owren	54:22 5	16:31	1:36:45 5	20:09	0	
	3 Mari Angell-Petersen	44:30 2	08:40	2:21:15 5	27:47	0	
6	Frol IL lag 1 (37)			2:45:25		51:57	
	1 Inga Sirum	49:55 7	14:21	49:55 7	14:21		
	2 Runa Matberg	1:04:59 7	27:08	1:54:54 6	38:18	1	
	3 Kjersti Gederaas Denstad	50:31 6	14:41	2:45:25 6	51:57	0	
7	Wing OK lag 1 (38)			2:52:56		59:28	
	1 Helen Palmer	44:13 6	08:39	44:13 6	08:39		
	2 Anne-Lise Bratsberg	1:12:47 8	34:56	1:57:00 7	40:24	-1	
	3 Emily Wall	55:56 8	20:06	2:52:56 7	59:28	0	
8	Skøyнар OK lag 1 (31)			3:11:56		1:18:28	
	1 Kristine Hammer	1:18:05 8	42:31	1:18:05 8	42:31		
	2 Mone Veie Ringstad	58:01 6	20:10	2:16:06 8	59:30	0	
	3 Kirsten Marie Lylum	55:50 7	20:00	3:11:56 8	1:18:28	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
DH13-16							
1	Malvik IL lag 1 (70)			57:23		00:00	
	1 Tormod Stenersen (Nidarøst)	21:08 2	00:07	21:08 2	00:07		
	2 Vegard Hassel	17:55 2	01:34	39:03 1	00:00	1	
	3 Sindre Johannessen	18:20 1	00:00	57:23 1	00:00	0	
2	Sportsklubben Freidig lag 1 (88)			1:02:56		05:33	
	1 Jorunn Kvakland	21:37 3	00:36	21:37 3	00:36		
	2 Karen Oline Kolstad	19:10 3	02:49	40:47 2	01:44	1	
	3 Brage Sæther	22:09 3	03:49	1:02:56 2	05:33	0	
3	OL Trollelg lag 1 (79)			1:05:52		08:29	
	1 Ove Baardsgaard	22:01 5	01:00	22:01 5	01:00		
	2 Anna Solberg	21:45 9	05:24	43:46 5	04:43	0	
	3 Trond Einar Pedersli	22:06 2	03:46	1:05:52 3	08:29	2	
4	Stjørdalsblink Orientering lag 1 (71)			1:08:23		11:00	
	1 Henry Eide Haug	27:16 10	06:15	27:16 10	06:15		
	2 Eivind Haugen Furunes	16:21 1	00:00	43:37 3	04:34	7	
	3 Andreas Bro Kolstø	24:46 4	06:26	1:08:23 4	11:00	-1	
5	OL Trollelg lag 2 (80)			1:10:29		13:06	
	1 Kristian Øien	24:20 8	03:19	24:20 8	03:19		
	2 Rebecca Sæterhaug	21:21 8	05:00	45:41 9	06:38	-1	
	3 Eli Marita Forseth	24:48 5	06:28	1:10:29 5	13:06	4	
6	Leik lag 1 (76)			1:10:38		13:15	
	1 Ola Keiserås	23:23 7	02:22	23:23 7	02:22		
	2 Ingebrigt Eid	20:54 6	04:33	44:17 7	05:14	0	
	3 Torleif Syrstad	26:21 7	08:01	1:10:38 6	13:15	1	
7	Selbu/Freidig lag 1 (69)			1:19:53		22:30	
	1 Sigve Krogstadmo	23:08 6	02:07	23:08 6	02:07		
	2 Nils Einar Brandtzæg	20:34 5	04:13	43:42 4	04:39	2	
	3 Torgeir Leithe	36:11 14	17:51	1:19:53 7	22:30	-3	
8	Frol IL lag 1 (73)			1:23:39		26:16	
	1 Fredrik Skjerve	29:34 15	08:33	29:34 15	08:33		
	2 Sivert Matberg	19:52 4	03:31	49:26 11	10:23	4	
	3 Åsta Wibe	34:13 12	15:53	1:23:39 8	26:16	3	
9	Wing OK lag 1 (85)			1:24:13		26:50	
	1 Ola Morset	21:01 1	00:00	21:01 1	00:00		
	2 Ottar Østvik	23:09 10	06:48	44:10 6	05:07	-5	
	3 Ingrid Therese Helland Eriksen	40:03 17	21:43	1:24:13 9	26:50	-3	
10	Wing OK lag 2 (86)			1:25:47		28:24	
	1 Tore Gederaas Kanstad	27:39 11	06:38	27:39 11	06:38		
	2 Kristine Klock Fleten	23:38 11	07:17	51:17 13	12:14	-2	
	3 Sigrid Østvik	34:30 13	16:10	1:25:47 10	28:24	3	
11	Frol IL lag 2 (74)			1:26:22		28:59	
	1 Paul Sirum	24:42 9	03:41	24:42 9	03:41		
	2 Vegard Ressem	24:36 14	08:15	49:18 10	10:15	-1	
	3 Jonas Ressem	37:04 15	18:44	1:26:22 11	28:59	-1	
12	Byåsen IL lag 2 (82)			1:27:38		30:15	
	1 Mette Evjen Røset	28:08 12	07:07	28:08 12	07:07		
	2 Petter Almås	27:54 18	11:33	56:02 14	16:59	-2	
	3 Terje Dalen Sørgård	31:36 10	13:16	1:27:38 12	30:15	2	

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DH13-16							
13	Steinkjer OK lag 1 (78)			1:27:42		30:19	
	1 Norunn Dengerud	29:02 14	08:01	29:02 14	08:01		
	2 Astrid Læggran	31:29 19	15:08	1:00:31 16	21:28	-2	
	3 Eirin Svanøe-Hafstad	27:11 8	08:51	1:27:42 13	30:19	3	
14	Sportsklubben Freidig lag 2 (89)			1:28:59		31:36	
	1 Frida Sæther	36:51 18	15:50	36:51 18	15:50		
	2 Mari Kristine Overvi Gilde	26:35 15	10:14	1:03:26 17	24:23	1	
	3 Gina Mølrvik	25:33 6	07:13	1:28:59 14	31:36	3	
15	Byåsen IL lag 4 (84)			1:29:14		31:51	
	1 Øyvind Wiggen	21:39 4	00:38	21:39 4	00:38		
	2 Jørgen Natvig Løvseth	23:59 12	07:38	45:38 8	06:35	-4	
	3 Vemund Sjøvold Sundal	43:36 19	25:16	1:29:14 15	31:51	-7	
16	Verdal OK lag 1 (72)			1:29:33		32:10	
	1 Ingrid Okkenhaug	28:40 13	07:39	28:40 13	07:39		
	2 Severin S Lyngstad	21:00 7	04:39	49:40 12	10:37	1	
	3 Ådne Bredeesen	39:53 16	21:33	1:29:33 16	32:10	-4	
17	Byåsen IL lag 1 (81)			1:37:01		39:38	
	1 Marte Hoff Hagen	41:43 20	20:42	41:43 20	20:42		
	2 Karoline Wollan Benum	26:53 16	10:32	1:08:36 20	29:33	0	
	3 Sigurd Stenvik	28:25 9	10:05	1:37:01 17	39:38	3	
18	Frol IL lag 3 (75)			1:38:36		41:13	
	1 Marie Wold Stavrum	32:27 16	11:26	32:27 16	11:26		
	2 Tora Matberg	33:32 20	17:11	1:05:59 19	26:56	-3	
	3 Kajsa Stina Sandstad	32:37 11	14:17	1:38:36 18	41:13	1	
19	Wing OK lag 3 (87)			1:44:45		47:22	
	1 Sigrid Bratsberg	33:33 17	12:32	33:33 17	12:32		
	2 John Gederaas Kanstad	24:31 13	08:10	58:04 15	19:01	2	
	3 Andrea Vindal	46:41 20	28:21	1:44:45 19	47:22	-4	
20	Sportsklubben Freidig lag 3 (90)			1:45:12		47:49	
	1 Kaja Bø Timestad	37:06 19	16:05	37:06 19	16:05		
	2 Øystein Krogstie	27:10 17	10:49	1:04:16 18	25:13	1	
	3 Terje Magnus Sørensen	40:56 18	22:36	1:45:12 20	47:49	-2	
DSQ	Byåsen IL lag 3 (83)			1:27:08			
	1 Sunniva Storrønning	27:50	06:49	27:50	06:49		
	2 Fredrik Almås	30:21	14:00	58:11	19:08	0	
	3 Bendik Steinkjer Standal	28:57	10:37	1:27:08	29:45	0	DSQ
DSQ	Leik lag 2 (77)			1:27:05			
	1 Ådne K. Berg	36:43	15:42	36:43	15:42		DSQ
	2 Einar Keiserås	27:33	11:12	1:04:16	25:13	0	
	3 Geir Inge Keiserås	22:49	04:29	1:27:05	29:42	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H135							
1	Sportsklubben Freidig lag 1 (56)			1:48:11		00:00	
	1 Bernt Rognes	36:42 3	03:40	36:42 3	03:40		
	2 Øyvind Schjelderup	32:57 1	00:00	1:09:39 1	00:00	2	
	3 Arild H. Clausen	38:32 2	00:13	1:48:11 1	00:00	0	
2	Frol IL lag 1 (53)			1:49:51		01:40	
	1 Gunnar Vatn	34:45 2	01:43	34:45 2	01:43		
	2 Arne Grevskott	35:49 2	02:52	1:10:34 2	00:55	0	
	3 Torbjørn Sirum	39:17 3	00:58	1:49:51 2	01:40	0	
3	Sportsklubben Freidig lag 2 (57)			1:56:40		08:29	
	1 Håvard Lorange	33:02 1	00:00	33:02 1	00:00		
	2 Magne Lysberg	43:38 5	10:41	1:16:40 3	07:01	-2	
	3 Geir Owren	40:00 4	01:41	1:56:40 3	08:29	0	
4	Frol IL lag 2 (54)			1:58:50		10:39	
	1 Johan Skjerve	39:17 4	06:15	39:17 4	06:15		
	2 Jo Severin Matberg	41:14 3	08:17	1:20:31 4	10:52	0	
	3 Robert Ressem	38:19 1	00:00	1:58:50 4	10:39	0	
5	Wing OK lag 1 (55)			2:09:50		21:39	
	1 Jostein Alvestad	40:15 6	07:13	40:15 6	07:13		
	2 Dag Erik Helland	42:22 4	09:25	1:22:37 5	12:58	1	
	3 Terje Kanstad	47:13 6	08:54	2:09:50 5	21:39	0	
6	Byåsen IL lag 1 (51)			2:15:46		27:35	
	1 Torgeir Aune	40:11 5	07:09	40:11 5	07:09		
	2 Kjell Maroni	52:06 6	19:09	1:32:17 6	22:38	-1	
	3 Eirik Vefsnmo	43:29 5	05:10	2:15:46 6	27:35	0	
DNS	OL Trollelg lag 1 (52)						
	1						
	2						
	3						

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H15							
1	Sportsklubben Freidig lag 1 (10)			2:47:05		00:00	
	1 Tomas Eidsmo	44:19 5	03:25	44:19 5	03:25		
	2 Bjørnar Lynum	42:18 4	01:37	1:26:37 4	03:37	1	
	3 Jens Even Storhov	43:50 3	06:12	2:10:27 2	07:54	2	
	4 Johan Ivarsson	36:38 1	00:00	2:47:05 1	00:00	1	
2	Wing OK lag 1 (9)			2:48:27		01:22	
	1 Jan-Egil Wagnild	44:14 4	03:20	44:14 4	03:20		
	2 Svein Erik Bratsberg	40:41 1	00:00	1:24:55 3	01:55	1	
	3 Chris Forne	37:38 1	00:00	2:02:33 1	00:00	2	
	4 Erik Thorsson	45:54 2	09:16	2:48:27 2	01:22	-1	
3	NTNUI lag 3 (5)			2:58:43		11:38	
	1 Espen Fiskum	40:54 1	00:00	40:54 1	00:00		
	2 Espen Fiskum OMIGJEN	43:58 5	03:17	1:24:52 2	01:52	-1	
	3 Mathis Myhre	46:33 4	08:55	2:11:25 3	08:52	-1	
	4 Morten Brunnes	47:18 3	10:40	2:58:43 3	11:38	0	
4	Verdal OK lag 1 (1)			3:05:30		18:25	
	1 Kjetil Okkenhaug	48:00 7	07:06	48:00 7	07:06		
	2 Kurt Ove Melbye	46:41 6	06:00	1:34:41 7	11:41	0	
	3 Anton Bjartnes	43:12 2	05:34	2:17:53 5	15:20	2	
	4 Jon Sivertsen	47:37 4	10:59	3:05:30 4	18:25	1	
5	NTNUI lag 4 (6)			3:09:46		22:41	
	1 Knut Sveinung Rekaa	45:40 6	04:46	45:40 6	04:46		
	2 Lars Eid Nielsen	41:06 2	00:25	1:26:46 5	03:46	1	
	3 Simen Bjøringsøy	47:00 5	09:22	2:13:46 4	11:13	1	
	4 Tore Dyrhaug Mo	56:00 5	19:22	3:09:46 5	22:41	-1	
6	NTNUI lag 6 (12)			3:20:08		33:03	
	1 Lars Christian Unger	41:51 3	00:57	41:51 3	00:57		
	2 Lars Christian Unger OMIGJEN	47:42 7	07:01	1:29:33 6	06:33	-3	
	3 Martin Stehlik	53:47 6	16:09	2:23:20 7	20:47	-1	
	4 Frank Aasgård	56:48 6	20:10	3:20:08 6	33:03	1	
7	NTNUI lag 5 (7)			3:36:42		49:37	
	1 Rune Strandberg	41:15 2	00:21	41:15 2	00:21		
	2 Trond Strandberg	41:45 3	01:04	1:23:00 1	00:00	1	
	3 Kristian Wollen Steen	55:01 7	17:23	2:18:01 6	15:28	-5	
	4 Asbjørn Bjørgum	1:18:41 7	42:03	3:36:42 7	49:37	-1	
8	NTNUI lag 2 (4)			3:18:59		31:54	
	1 Hans Aleksander Østhagen	42:06 8	01:12	42:06 8	01:12		
	2 Rolf Mauritz Pedersen	58:18 11	17:37	1:40:24 8	17:24	0	
	3 Anders Sætersmoen	52:12 8	14:34	2:32:36 8	30:03	0	
	4 Stefan Lombriser (Tyrving)	46:23 8	09:45	3:18:59 8	31:54	0	Restart
9	OL Trollelg lag 1 (8)			3:24:23		37:18	
	1 Jørgen Tegdan	47:09 9	06:15	47:09 9	06:15		
	2 Harald Musum	53:50 9	13:09	1:40:59 9	17:59	0	
	3 Kjell Baardsgaard	54:52 9	17:14	2:35:51 9	33:18	0	
	4 Frode Haugskott	48:32 10	11:54	3:24:23 9	37:18	0	Restart
10	NTNUI lag 1 (3)			3:38:48		51:43	
	1 Wolfgang Kampel	54:05 11	13:11	54:05 11	13:11		
	2 Ragnar Tonjer	49:19 8	08:38	1:43:24 10	20:24	1	
	3 Øyvind Bakken Rognstad	1:00:23 11	22:45	2:43:47 10	41:14	0	
	4 Halvor Saunes	55:01 11	18:23	3:38:48 10	51:43	0	Restart

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H15							
11	Verdal OK lag 2 (2)			3:43:28		56:23	
	1 Lars Einar Vik	52:46 10	11:52	52:46 10	11:52		
	2 Sven Inge Ydse	1:06:02 12	25:21	1:58:48 12	35:48	-2	
	3 Arne Okkenhaug	56:29 10	18:51	2:55:17 11	52:44	1	
	4 Vidar Skjerve	48:11 9	11:33	3:43:28 11	56:23	0	Restart
12	Sportsklubben Freidig lag 2 (11)			4:04:18		1:17:13	
	1 Vegard Grønli	56:44 12	15:50	56:44 12	15:50		
	2 Stig Magnar Løvås	57:09 10	16:28	1:53:53 11	30:53	1	
	3 Håvard Korsvoll	1:05:54 12	28:16	2:59:47 12	57:14	-1	
	4 Olle Malmring	1:04:31 12	27:53	4:04:18 12	1:17:13	0	Restart

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H175							
1	Sportsklubben Freidig lag 1 (67)			1:47:47		00:00	
	1 Jacob Hygen	38:11 4	03:47	38:11 4	03:47		
	2 Ola Aalde	40:51 3	02:04	1:19:02 4	05:45	0	
	3 Harald Oftedal	28:45 1	00:00	1:47:47 1	00:00	3	
2	Byåsen IL lag 1 (63)			1:52:15		04:28	
	1 Øivind Rogndalen	34:30 2	00:06	34:30 2	00:06		
	2 Svein Hove	38:47 1	00:00	1:13:17 1	00:00	1	
	3 Egil Repvik	38:58 4	10:13	1:52:15 2	04:28	-1	
3	Wing OK lag 1 (62)			1:52:51		05:04	
	1 Robert Strøm	37:07 3	02:43	37:07 3	02:43		
	2 Tor Gjermstad	41:35 4	02:48	1:18:42 2	05:25	1	
	3 Ole Lutro	34:09 2	05:24	1:52:51 3	05:04	-1	
4	OL Trollelg lag 1 (65)			1:57:55		10:08	
	1 Trond Friden	39:41 5	05:17	39:41 5	05:17		
	2 Paul Forseth	40:04 2	01:17	1:19:45 5	06:28	0	
	3 Øistein Åsmul	38:10 3	09:25	1:57:55 4	10:08	1	
5	OL Trollelg lag 2 (66)			2:19:49		32:02	
	1 Anders Lauglo	34:24 1	00:00	34:24 1	00:00		
	2 Stig Haugskott	44:28 5	05:41	1:18:52 3	05:35	-2	
	3 Henry Sundsetvik	1:00:57 5	32:12	2:19:49 5	32:02	-2	
6	Skøyнар OK lag 1 (64)			2:29:41		41:54	
	1 Ivar Bolstad	40:00 6	05:36	40:00 6	05:36		
	2 Alf Dagfinn Ringstad	44:53 6	06:06	1:24:53 6	11:36	0	
	3 Knut Evenhus	1:04:48 6	36:03	2:29:41 6	41:54	0	
DSQ	Sportsklubben Freidig lag 2 (68)						
	1 Tore Angel-Petersen	31:22	-03:02	31:22	-03:02		DSQ
	2						
	3						