

**Tordenskioldløpet 2019****10 km****Kvinner**

<b>1</b>	<b>Anne Nevin</b>	<b>Strindheim il</b>	<b>37:24</b>	
<b>2</b>	<b>Mariann Lande</b>	<b>Byåsen IL</b>	<b>39:16</b>	<b>1:52</b>
<b>3</b>	<b>Mette Eid Løvås</b>	<b>Strindheim il</b>	<b>40:37</b>	<b>3:13</b>
<b>4</b>	<b>Ingrid Lunde</b>	<b>TRONDHEIM</b>	<b>40:50</b>	<b>3:26</b>
<b>5</b>	<b>Hanne Hellebust Strand</b>	<b>Valldal IL</b>	<b>40:59</b>	<b>3:35</b>
<b>6</b>	<b>Martine Frekhaug</b>	<b>Strindheim il</b>	<b>41:15</b>	<b>3:51</b>
<b>7</b>	<b>Hanne Hegerberg</b>	<b>Skauga IL</b>	<b>41:40</b>	<b>4:16</b>
<b>8</b>	<b>Siri Ann Nyrnes</b>	<b>Strindheim il</b>	<b>42:34</b>	<b>5:10</b>
<b>9</b>	<b>Mari Wendelborg Gil</b>	<b>7075</b>	<b>42:35</b>	<b>5:11</b>
<b>10</b>	<b>Hilde Borkmo</b>	<b>Namdal Løpeklu</b>	<b>42:39</b>	<b>5:15</b>
<b>11</b>	<b>Julie Håskjold</b>	<b>TRONDHEIM</b>	<b>42:42</b>	<b>5:18</b>
<b>12</b>	<b>Monica Haftorn Iversen</b>	<b>TRONDHEIM</b>	<b>43:00</b>	<b>5:36</b>
<b>13</b>	<b>Ida Ervik Raaness</b>	<b>BFG Bergen Løp</b>	<b>43:09</b>	<b>5:45</b>
<b>14</b>	<b>Ragnhild Grandetrø</b>	<b>Team Ustjåren</b>	<b>43:28</b>	<b>6:04</b>
<b>15</b>	<b>Heidi Kultorp</b>	<b>Sticos BIL</b>	<b>43:45</b>	<b>6:21</b>
<b>16</b>	<b>Mari Nilsen Ervik</b>	<b>TRONDHEIM</b>	<b>43:56</b>	<b>6:32</b>
<b>17</b>	<b>Kristin Bjugstad</b>	<b>TRONDHEIM</b>	<b>44:44</b>	<b>7:20</b>
<b>18</b>	<b>Hanne Klakken</b>	<b>TRONDHEIM</b>	<b>44:54</b>	<b>7:30</b>
<b>19</b>	<b>Lene Beate Gåsbakk</b>	<b>Spartan Workou</b>	<b>44:57</b>	<b>7:33</b>
<b>20</b>	<b>Marthe Brandsegg</b>	<b>7045</b>	<b>45:02</b>	<b>7:38</b>
<b>20</b>	<b>Anne Melkild</b>	<b>Freidig, SPK</b>	<b>45:02</b>	<b>7:38</b>
<b>22</b>	<b>Marion Steigedal</b>	<b>Meldal IL</b>	<b>45:33</b>	<b>8:09</b>
<b>23</b>	<b>Renate Dullum Reitan</b>	<b>Hell Ultraløpe</b>	<b>45:51</b>	<b>8:27</b>
<b>24</b>	<b>Astrid Haugen Dagsgard</b>	<b>KOLBOTN</b>	<b>46:06</b>	<b>8:42</b>
<b>25</b>	<b>Maria Ringstad</b>	<b>Dimna IL</b>	<b>46:15</b>	<b>8:51</b>
<b>26</b>	<b>Kristin Tønne</b>	<b>TRONDHEIM</b>	<b>46:18</b>	<b>8:54</b>
<b>27</b>	<b>Hanna Maria Jones</b>	<b>TRONDHEIM</b>	<b>46:27</b>	<b>9:03</b>
<b>28</b>	<b>Lena Knudsen</b>	<b>SK Tryggglade</b>	<b>46:33</b>	<b>9:09</b>
<b>29</b>	<b>Hege Kummernes</b>	<b>RANHEIM</b>	<b>46:36</b>	<b>9:12</b>
<b>30</b>	<b>May-Lill Småvik</b>	<b>Stadsbygd IL -</b>	<b>46:42</b>	<b>9:18</b>
<b>31</b>	<b>Hedda Johanne Askheim</b>	<b>Stadsbygd IL -</b>	<b>46:44</b>	<b>9:20</b>
<b>32</b>	<b>Eline Bjørgvik</b>	<b>Jonsvatnet</b>	<b>46:53</b>	<b>9:29</b>
<b>33</b>	<b>Ingrid Husdal</b>	<b>Muruvikingan</b>	<b>47:04</b>	<b>9:40</b>
<b>34</b>	<b>Vibeke Gjelseth</b>	<b>Freidig, SPK</b>	<b>47:29</b>	<b>10:05</b>
<b>35</b>	<b>Kine Melting</b>	<b>Muruvikingan L</b>	<b>47:40</b>	<b>10:16</b>
<b>36</b>	<b>Rannveig Odnnes</b>	<b>TRONDHEIM</b>	<b>47:42</b>	<b>10:18</b>
<b>37</b>	<b>Ragnhild Fagerland</b>	<b>TRONDHEIM</b>	<b>47:47</b>	<b>10:23</b>
<b>38</b>	<b>Sandra Welde</b>	<b>7080</b>	<b>47:55</b>	<b>10:31</b>

<b>Tordenskioldløpet 2019</b>	<b>10 km</b>	<b>Kvinner</b>
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39	Karita Vassdal	BUVIKA	47:58	10:34
40	Wenche Lande	Byåsen IL	48:07	10:43
41	Wenche Songedal Håkonsen	JAKOBSLI	48:10	10:46
42	Maren Hoston	Fjellmann	48:19	10:55
43	Sandra Helen Torgersen	Stadsbygd IL -	48:23	10:59
44	Monika Eriksson	Stadsbygd IL -	48:25	11:01
45	Hilde Bevanger	TRONDHEIM	48:30	11:06
46	Helle Skrataas	Team OCR Norwa	48:44	11:20
47	Ingrid Higrapp	TRONDHEIM	48:55	11:31
48	Anne-Marit Haukø	Namdal Løpeklu	49:11	11:47
49	Stine Riseth	Trygg/Lade Inn	49:31	12:07
50	Hilde Guldseth	Selbustrand IL	49:35	12:11
51	Ann Lisbeth Totland	KYRKSÆTERØRA	49:38	12:14
52	Ylva Iversen	TRONDHEIM	49:49	12:25
53	Hildrun Engen Landrø	FANNREM	49:54	12:30
53	Silje Johannessen	TRONDHEIM	49:54	12:30
55	Mona Noreng	TRONDHEIM	49:59	12:35
56	Silje Hammernes	TILLER	50:43	13:19
56	Krøke Liesl	7510	50:43	13:19
58	Liv Marit Nekså	Team Kpmg	50:45	13:21
59	Vibeke Rothaug	St.Olavs Løped	50:48	13:24
60	Mari Fosbæk Eriksen	Trondheim Klat	51:03	13:39
61	Malin Steen	Freidig, SPK	51:08	13:44
62	Maren Malvik	Ranheim IL	51:09	13:45
63	Hege Brå Klokkervold	TRONDHEIM	51:23	13:59
64	Line Gråwe	Team Spræk	51:38	14:14
65	Oddveig Fagervold	Selbu IL	51:44	14:20
66	Therese Svendsen	TRONDHEIM	51:46	14:22
67	Anne Grete Botten	Halsa IL	52:09	14:45
68	Marianne Sørløkk	STORÅS	52:31	15:07
69	Gunn Karlsaune	KLÆBU	52:49	15:25
70	Maren Sommervold	TRONDHEIM	52:51	15:27
71	Trude Opsal	DNB Sport	52:56	15:32
72	Anniken Opdahl	TILLER	53:06	15:42
73	Helene Steihaug	7055	53:11	15:47
74	Liv Maria Vaillant Bones	7072	53:13	15:49
75	Katrine Falch Aune	TRONDHEIM	53:16	15:52
76	Trine Gevingås	TRONDHEIM	53:17	15:53

<b>Tordenskioldløpet 2019</b>	<b>10 km</b>	<b>Kvinner</b>
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77	Margrete Lie	TRONDHEIM	53:38	16:14
78	Cathrine Oestreich Grunnh	HEIMDAL	53:40	16:16
79	Anna Bae	7036	53:44	16:20
80	Wolden Heidi	7041	53:49	16:25
81	Brita Witzø	Hindrum Skilag	53:57	16:33
82	Ann Kristin Brattset	Trygg/Lade Spo	54:03	16:39
83	Tonje Faksnes		54:14	16:50
84	Kari Fjøsne	TRONDHEIM	54:15	16:51
85	Synne Brenne Bondevik	Ranheim IL	54:24	17:00
86	Ingrid Halgunset	TRONDHEIM	54:38	17:14
87	Jorunn Steinsland Rosvoll	Equinor BIL Tr	54:52	17:28
88	Linda Bergsrønning	Orkdal il	55:16	17:52
89	Marte Flått	Trondheim & Om	55:26	18:02
90	Emilie Opsal Ringseth		55:31	18:07
91	Tora Falck	RANHEIM	55:38	18:14
92	Anne Cecilie Nordsve	TRONDHEIM	55:49	18:25
93	Kathrin Ansok	TRONDHEIM	55:50	18:26
94	Britt Unni Skjervold Gevi	7505	55:54	18:30
95	Johanne Solberg	8310	56:09	18:45
96	Porntipha Yousabai	JONSVATNET	56:26	19:02
97	Brita Stræte	Trygg/Lade Inn	56:30	19:06
98	Marit Johannessen	TANEM	56:42	19:18
98	Line Nilsen	MELHUS	56:42	19:18
100	Ingebjørg Dahl	TRONDHEIM	56:58	19:34
101	Siv Mari Forsmark	SPONGDAL	57:05	19:41
102	Bente Marit Ekker	MELHUS	57:06	19:42
102	Maria Charlotte Vang	JAKOBSLI	57:06	19:42
104	Anette Raaen	Klæbu Løpeklub	57:37	20:13
105	Kristin Opdal	Børsa IL	57:50	20:26
106	Torill Elnes	Halsa IL	57:51	20:27
107	Ida Voll Bekken	Team Koteng	57:57	20:33
107	Reidun Johnsen	TRONDHEIM	57:57	20:33
109	Janne Vh Wang	7093	57:59	20:35
110	Marianne Johannessen	TANEM	58:02	20:38
111	Silje Kristine Pedersen	7040	58:11	20:47
112	Kristine Vistnes	IL Fram	58:19	20:55
113	Mali Bæverfjord	Øvre Surnadal	58:21	20:57
114	Mari Buaas	TRONDHEIM	58:26	21:02

**Tordenskioldløpet 2019****10 km****Kvinner**

115	Tone Merete Ulseth	IL Fram	58:28	21:04
116	Linda Eimhjellen	TRONDHEIM	58:29	21:05
117	Hanne Synnøve Liodden	TRONDHEIM	58:30	21:06
118	Ingrid Lehn	TRONDHEIM	58:33	21:09
118	Marit Ytrehus	ORKANGER	58:33	21:09
120	Guri Holmen Gundersen	LEVANGER	58:54	21:30
121	Christine Berge Solem	Team Koteng	59:09	21:45
122	Anne-Tove Brenne	TRONDHEIM	59:10	21:46
123	Karen Sagberg	FLATÅSEN	59:16	21:52
124	Siri Eldevik Brå	DNB Bedriftsid	59:20	21:56
125	Kine Halgunset	TRONDHEIM	59:32	22:08
126	Marit Askheim	Stadsbygd IL -	59:33	22:09
127	Hilde Rostad	Stadsbygd IL -	59:34	22:10
128	Sarah Karlsen Nævdal	DNB Bedriftsid	59:41	22:17
129	Karen Rostad	Stadsbygd IL -	59:46	22:22
130	Siri Krigsvoll	Brilliant	59:48	22:24
131	Ruth Elise Jakobsen	Team Rosenhaug	59:52	22:28
132	Helene Bugge	7016	59:57	22:33
133	Priscila Johansen		1:00:01	22:37
134	Marthe Møsth Johansen	RANHEIM	1:00:26	23:02
135	Elisabeth Holberg	TRONDHEIM	1:00:37	23:13
136	Maja Lefstad Hilmarsen	TRONDHEIM	1:01:02	23:38
137	Siri Næss	TRONDHEIM	1:01:06	23:42
138	Alexia Baikas	Searis	1:01:12	23:48
139	Kjersti Natvig Antonsen	TRONDHEIM	1:02:11	24:47
140	Marianne Gustavsson	KLÆBU	1:03:49	26:25
141	Marte Therese Jakobsen	Team Rosenhaug	1:04:04	26:40
142	Amalie Veggen	TRONDHEIM	1:04:23	26:59
143	Siri Smistad	ARYA	1:05:44	28:20
144	Ida Kristine Schive	Muruvikingan L	1:05:52	28:28
145	Kari Ramton	7036	1:06:21	28:57
146	Andrea Grimsbo	DNB Bedriftsid	1:07:14	29:50
146	Linda Sørgård	DNB Bedriftsid	1:07:14	29:50
148	Mariann Silliløkken	SAGA	1:11:02	33:38
149	Kristin Digre	TRONDHEIM	1:12:26	35:02
	Ragna Stalsberg	7052	DNF	
	Siv Aale	RANHEIM	DNS	
	Lisa Maria Jensen	TRONDHEIM	DNS	

# Tordenskioldløpet 2019 10 km Kvinner

Priscila Johanden	Trygg/Lade Inn	DNS
Elin Kjevik	7053	DNS
Beathe Slettvold Tellefse	Hell Ultraløpe	DNS
Kari Anne I. Evensen	Strindheim il	DNS
Camilla Øyra	Nidaros Turn	DNS
Beate Nergård	HEIMDAL	DNS
Laila Småvik	Stadsbygd IL -	DNS
Bente Seljestokken	Equinor BIL Tr	DNS

# Tordenskioldløpet 2019 10 km Menn

1	Ebrahim Abdulaziz	Strindheim il	31:06	
2	Henrik Kvennås	Byåsen IL	36:33	5:27
3	Are Denstad	TRONDHEIM	36:34	5:28
3	Einar Sulheim		36:34	5:28
5	Espen Valseth	Verdal Friidre	36:40	5:34
6	Thomas EKREM	Byaasen Skiklu	36:44	5:38
7	Johannes Hagerup	Lyn Ski	36:48	5:42
8	Arild Kroken	TRONDHEIM	36:49	5:43
9	Erlend Bjerås	Bratsberg IL	36:51	5:45
10	Børge Leiren	TRONDHEIM	36:54	5:48
11	Tormod Garnes FLATJORD	Byaasen Skiklu	36:55	5:49
12	Øystein Rasch-Halvorsen	Bratsberg IL	36:57	5:51
13	Simon Lund Eikrem	Freidig, SPK	37:03	5:57
14	Håvard Høiaas	Klæbu Løpeklub	37:06	6:00
15	Terje Sørli	TRONDHEIM	37:22	6:16
15	Snorre SULHEIM	Trondheim & Om	37:22	6:16
17	Marcus Nordahl	Trondheim & Om	37:26	6:20
18	Arne Berg	Meldal IL	37:34	6:28
19	Tommy Bangjord Hove	TRONDHEIM	37:38	6:32
20	Mats Jensen	Sjetne IL	37:39	6:33
21	Pål Stakston Kvinge	Trondheim & Om	37:42	6:36
22	Sigurd Egeland Valseth	Verdal Friidre	37:49	6:43
22	Niclas Svardal		37:49	6:43
24	Øyvind Vada	Støren Sportsk	37:53	6:47

**Tordenskioldløpet 2019****10 km****Menn**

25	Kristoffersen Kristoffers	7075	37:54	6:48
26	Thomas Kjetland	Nardo 3Athlon	37:57	6:51
27	Thomas Lillevestre	Bratsberg IL	38:00	6:54
28	Tommy Herrem	Team Ustjåren	38:12	7:06
29	Magnus Steien Løseth	Svorkmo N.O.I.	38:17	7:11
30	Lars Harald Blikra	Strindheim il	38:18	7:12
31	Jo-Kristian Røttereng		38:19	7:13
32	Ottar Ustad	Svorkmo N.O.I.	38:22	7:16
33	Stian Darell	Fjellørnen IL	38:23	7:17
33	Oddvar Rønning	Lånke IL - Fri	38:23	7:17
35	Eystein Mærk Voll	Støren Sportsk	38:24	7:18
36	Einar Melgård	TRONDHEIM	38:37	7:31
37	Jostein Langdal	TRONDHEIM	38:46	7:40
38	Øyvind Songedal	TRONDHEIM	38:47	7:41
39	Tom Frode Theigmann	RANHEIM	38:50	7:44
40	Stian Valstad Berg	7657	38:59	7:53
41	Kjell Steinar Wibe	Tpil	39:00	7:54
41	Tomas Sandvik	Namdal Løpeklu	39:00	7:54
43	Daniel Finanger	Leik, IL	39:05	7:59
44	Hans Christian Meyer	Nordea BIL	39:08	8:02
45	Matti Hegseth	Deloitte	39:17	8:11
46	Frank Fiske	TRONDHEIM	39:20	8:14
47	Joachim MOHOLDT	Team Hardhaus	39:35	8:29
48	Roar Bakås	Utleira IL - F	39:38	8:32
49	Geir Inge Lien	Trondheim & Om	39:43	8:37
50	Hallvard Flatberg	JAKOBSLI	39:46	8:40
50	Steinar Røe	TRONDHEIM	39:46	8:40
52	Ole-Martin Smedseng	Strindheim il	39:48	8:42
53	Ronald Gangstøe	STADSBYGD	39:49	8:43
54	Johannes LISTHAUG	Utleira IL - F	39:53	8:47
55	Espen Værnes	Klæbu Løpeklub	39:59	8:53
55	Marian Brandt	Trondheim & Om	39:59	8:53
57	Kristoffer Grøv	Byaasen Skiklu	40:01	8:55
58	Espen Halvorsen Bjørgan	7045	40:04	8:58
59	Steinar Aalbu	Rindal IL	40:05	8:59
60	Egil Fjeldberg	Aker BP	40:07	9:01
61	Steinar Trondsetås	Team Hardhaus	40:09	9:03
62	Anders Alstad Prøsch	Trondheim & Om	40:11	9:05

**Tordenskioldløpet 2019****10 km****Menn**

63	Øyvind Leiknes	Kyrksæterøra I	40:12	9:06
63	Olav Grønli	Team Hardhaus	40:12	9:06
65	Magnus Moholt	Team Hardhaus	40:18	9:12
66	Martin Dorber	Ntnui	40:19	9:13
67	Rolf Karlsen	Hitra Løpeklub	40:20	9:14
68	Audun Havnen	TRONDHEIM	40:21	9:15
69	Hallgeir Johnny Heggli Sa	Kvam IL	40:30	9:24
70	Lars Wadahl	VINSTRA	40:42	9:36
71	Jakob Steenberg Thompson	Kvam IL	40:45	9:39
72	Mads Petersen	Byåsen IL	40:46	9:40
73	Tomas Moe Skjølsvold	Norsk Senter f	40:49	9:43
74	Oddbjørn Fjæran	Lånke IL - Fri	40:55	9:49
75	Marius Kokkvoll	HOMMELVIK	40:56	9:50
75	Stian Wikdahl	TRONDHEIM	40:56	9:50
77	Bjørnar Byberg	TRONDHEIM	40:58	9:52
78	Stian Skogstad Berg	DNB Bedriftsid	41:09	10:03
79	Eivind Dille Andersen	Team Hardhaus	41:13	10:07
79	Are Sjaastad	Equinor BIL	41:13	10:07
81	Harald Engan		41:19	10:13
81	Vegar Enlid	Budal IL	41:19	10:13
83	Emil Melby	TRONDHEIM	41:34	10:28
84	Jøran Solli	Tosk	41:35	10:29
85	Jørgen Nesbø	Team Blå-Xr	41:40	10:34
85	Arve Sætran	Inventas	41:40	10:34
87	Eirik Oksavik Lockertsen	TRONDHEIM	41:41	10:35
88	Kjetil Sletten	My Team	41:49	10:43
89	Ben-Stian Unhjem	TRONDHEIM	41:51	10:45
90	Per Erik Kvam	Byaasen Skiklu	41:53	10:47
91	Brage Bergrem	Impello	42:06	11:00
92	Thomas Thronæs	Hank Sport	42:09	11:03
93	Rune Gudding	Inndal IL	42:10	11:04
94	Martin Stubban	TRONDHEIM	42:11	11:05
95	Espen Skjevik	Exact/Bitastad	42:12	11:06
96	Njord Røv	Trondheim & Om	42:14	11:08
97	Øystein Volden	Tpil	42:19	11:13
98	John Gunnar Dybvad	Lånke IL - Fri	42:20	11:14
99	Gunnar Johansen	7550	42:21	11:15
100	Fredrik Worren	TRONDHEIM	42:22	11:16

**Tordenskioldløpet 2019****10 km****Menn**

100	Håvard Ulvan	Heimdal Bolig	42:22	11:16
102	Torgeir Altern-Dahle	Aker BP	42:25	11:19
102	Ola Eldar Hoston	Svorkmo N.O.I.	42:25	11:19
104	Kristian Almli	ORKANGER	42:26	11:20
105	Jonas Grefsli	Kpmg	42:27	11:21
106	Even Mork	Ringve Legesen	42:28	11:22
107	Arne Johansen Riseth	GIMSE	42:32	11:26
108	Christian Johansen	Trondheim & Om	42:33	11:27
108	Magnar Nedland	Telenor BIL	42:33	11:27
110	Jørgen Thaule		42:37	11:31
110	Jonas Nordal	6015	42:37	11:31
112	Morten Åge Storrø	Klæbu Løpeklub	42:38	11:32
113	Lars Ove Jakobsen	Gråkallen Bygg	42:47	11:41
114	Rune Bekken	OSLO	42:49	11:43
115	Hans Martin Øverkil	TRONDHEIM	42:52	11:46
116	Marius Røstad	One Voice AS	42:53	11:47
117	Odd Inge Kvisten	RANHEIM	42:57	11:51
118	Ståle Berg	Equinor BIL	43:00	11:54
119	Andreas Gravrok	Ntnui	43:04	11:58
119	Inge Pettersen	Flatås Idretts	43:04	11:58
119	Frode Sæther	Rosenborg Skol	43:04	11:58
122	Frode Haugen	Leik, IL	43:07	12:01
122	Mads Olsen	TTK	43:07	12:01
124	Martin Toen Øksnes	Is og Bolle IL	43:09	12:03
125	Jo Andersson Kielland	Nardo 3Athlon	43:13	12:07
126	Karl Kristian Ladegård Lo	7030	43:15	12:09
126	Hans Jakob Jakobsen	Trondheim & Om	43:15	12:09
128	Espen Thonstad Moe		43:16	12:10
129	Trond Sivertsen	7032	43:31	12:25
130	Rune Pollestad	TANEM	43:35	12:29
131	Roy Rønsberg	DNB	43:38	12:32
131	Bård Roll	Nidelv IL	43:38	12:32
133	Johan Sandgrind	TRONDHEIM	43:40	12:34
134	Andreas Larsson	53156	43:41	12:35
135	Raymond Beegesen	Utleira IL - F	43:42	12:36
136	Jørgen Løvseth	Namdal Løpeklu	43:48	12:42
137	Tore Wærnes	TRONDHEIM	43:49	12:43
138	Martin Andersen	Compenso Økono	43:50	12:44



**Tordenskioldløpet 2019****10 km****Menn**

138	<b>Knut Ole Fagervold</b>	<b>Fjellørnen IL</b>	<b>43:50</b>	<b>12:44</b>
140	<b>Petter Grindstad</b>	<b>LEVANGER</b>	<b>43:54</b>	<b>12:48</b>
141	<b>Carl Olav Larsson</b>	<b>Sweco BIL</b>	<b>43:55</b>	<b>12:49</b>
142	<b>Bård Sandtrø</b>	<b>TRONDHEIM</b>	<b>43:58</b>	<b>12:52</b>
143	<b>Ole Magnus Stene</b>	<b>FLATÅSEN</b>	<b>43:59</b>	<b>12:53</b>
143	<b>Tarje Skjefstad</b>	<b>Papir &amp; Duun A</b>	<b>43:59</b>	<b>12:53</b>
145	<b>Jørgen Rande</b>	<b>Kpmg</b>	<b>44:00</b>	<b>12:54</b>
145	<b>Jan Egil Ruud</b>	<b>Ruudrunners</b>	<b>44:00</b>	<b>12:54</b>
147	<b>Jan Martin Eriksen</b>	<b>Aker Solutions</b>	<b>44:01</b>	<b>12:55</b>
148	<b>Asbjørn Olsen</b>	<b>TRONDHEIM</b>	<b>44:02</b>	<b>12:56</b>
149	<b>Eivind Kvakland</b>	<b>Svorkmo/Noi</b>	<b>44:03</b>	<b>12:57</b>
150	<b>Helmer Engen</b>	<b>Hmcl</b>	<b>44:04</b>	<b>12:58</b>
151	<b>Finn-Roger Hoff</b>	<b>Trondheim Tria</b>	<b>44:06</b>	<b>13:00</b>
152	<b>Martin Barane</b>	<b>DNB Bedriftsid</b>	<b>44:10</b>	<b>13:04</b>
153	<b>Kim Elvbakken</b>	<b>ORKANGER</b>	<b>44:13</b>	<b>13:07</b>
153	<b>Hans Jørgen Olsen</b>	<b>Ly Forsikring</b>	<b>44:13</b>	<b>13:07</b>
155	<b>Jonas Grimsgaard</b>	<b>Inmeta Trondhe</b>	<b>44:18</b>	<b>13:12</b>
156	<b>Ståle Deraas</b>	<b>Stiftstaden SK</b>	<b>44:20</b>	<b>13:14</b>
157	<b>Jon Isak Kalnes</b>	<b>Trondheim &amp; Om</b>	<b>44:21</b>	<b>13:15</b>
158	<b>Torgeir Brurok</b>	<b>Utleira IL - F</b>	<b>44:22</b>	<b>13:16</b>
159	<b>Vegard Haugseggen</b>	<b>Sund Fhs</b>	<b>44:24</b>	<b>13:18</b>
160	<b>Bjarne Austad</b>	<b>TRONDHEIM</b>	<b>44:28</b>	<b>13:22</b>
161	<b>Kjell Logan-Halvorsud</b>	<b>Melhus Idretts</b>	<b>44:30</b>	<b>13:24</b>
162	<b>Rolf Kristian Larsen</b>	<b>VIKHAMMER</b>	<b>44:33</b>	<b>13:27</b>
162	<b>Anders Risan</b>	<b>Trondheim &amp; Om</b>	<b>44:33</b>	<b>13:27</b>
164	<b>Lars Erling Mjøsund</b>	<b>DNB Bedriftsid</b>	<b>44:35</b>	<b>13:29</b>
164	<b>Petter Møllersen</b>	<b>Trygg/Lade</b>	<b>44:35</b>	<b>13:29</b>
166	<b>Jostein Lein</b>	<b>LEVANGER</b>	<b>44:36</b>	<b>13:30</b>
167	<b>Audun Rørmark</b>	<b>3802</b>	<b>44:40</b>	<b>13:34</b>
168	<b>Kjell Røstum-Mårvik</b>	<b>Spartan Workou</b>	<b>44:42</b>	<b>13:36</b>
169	<b>Truls Wæraas</b>	<b>Attåtnæring BI</b>	<b>44:43</b>	<b>13:37</b>
170	<b>Tore Kvalen</b>	<b>TRONDHEIM</b>	<b>44:51</b>	<b>13:45</b>
171	<b>Jan Ivar Krog</b>	<b>TRONDHEIM</b>	<b>44:53</b>	<b>13:47</b>
171	<b>Jan Kåre Stamnes</b>	<b>TRONDHEIM</b>	<b>44:53</b>	<b>13:47</b>
173	<b>Øyvind Moe</b>	<b>K-Bil</b>	<b>45:00</b>	<b>13:54</b>
174	<b>Trym Karlsen</b>	<b>TRONDHEIM</b>	<b>45:08</b>	<b>14:02</b>
174	<b>Martin Andersen</b>	<b>TRONDHEIM</b>	<b>45:08</b>	<b>14:02</b>
176	<b>Kjetil Stubbom</b>	<b>Klæbu Løpeklub</b>	<b>45:11</b>	<b>14:05</b>

**Tordenskioldløpet 2019****10 km****Menn**

177	Trond Holdø Dahl	Aasguten, IL,	45:14	14:08
178	Geir Erik Johansen	STEINKJER	45:16	14:10
179	Frank Stoum	TRONDHEIM	45:20	14:14
180	Julius Hefte	ÅKERSBERGA	45:26	14:20
180	Jan Reimers	Reimers.Com	45:26	14:20
182	Vegard Aspnes	Ranheim IL	45:28	14:22
183	Jon Rohde	TRONDHEIM	45:29	14:23
184	Stein Arne Askeland	K-Bil	45:31	14:25
185	Jørn Fiskvik	K-Bil	45:33	14:27
186	Petter Wiig Aune	7041	45:36	14:30
186	Martin Ødegård Alstad	DNB Bedriftsid	45:36	14:30
188	Eirik Aasen Kjerstad	TRONDHEIM	45:42	14:36
189	Terje Rafelsen	One Voice AS	45:43	14:37
190	Tomas Strand	TRONDHEIM	45:50	14:44
191	Frode Støre Bergrem	TRONDHEIM	45:52	14:46
192	Gøran Bolme		45:54	14:48
193	Bjørn Hakvåg	Aker Solutions	45:56	14:50
194	Fredrik Aakvik	Sticos BIL	45:58	14:52
195	Said Berg	Brilliant	46:01	14:55
195	Halvor Hoveid	TRONDHEIM	46:01	14:55
197	Frode Sigstad	Dragan Running	46:08	15:02
198	Sindre Pedersen	7058	46:11	15:05
199	Jan Roald Haugland	Sportradar	46:15	15:09
200	Rikhard Haugen Lyng	TRONDHEIM	46:17	15:11
201	Frode Ledang	TRONDHEIM	46:19	15:13
202	Jörgen Tobias Gustavsson	KLÆBU	46:27	15:21
203	Knut Solbakken	Trondheim Tria	46:32	15:26
204	Atle Fossum	DNB Bedriftsid	46:36	15:30
205	Ole Morten Farstad	DNB Bedriftsid	46:37	15:31
206	Øystein Bangsund	Team Troisman	46:41	15:35
207	Georg Opem	Lånke IL - Fri	46:45	15:39
207	Lidvar Tuflått	Orkdal il	46:45	15:39
209	Kristian Amundsen	Compenso Økoni	46:47	15:41
209	John Tore Krogstad	TRONDHEIM	46:47	15:41
211	Anders H. Gundersen		46:49	15:43
211	Thomas Rinnan	SURNADAL	46:49	15:43
213	Rune Holthe	Flå IL	46:53	15:47
214	Åsmund Næss	TRONDHEIM	46:58	15:52

**Tordenskioldløpet 2019****10 km****Menn**

215	Bjørn Krogstad	TRONDHEIM	47:04	15:58
216	Viljar Stavrum	Verdal Friidre	47:06	16:00
217	Jakob Petter Bjertnæs	Trondheim & Om	47:07	16:01
217	Ståle Tømmerås	Trondheim & Om	47:07	16:01
219	Thomas Holthe	Flå IL	47:09	16:03
219	Willy Spjøtvold	Markabygda IL	47:09	16:03
221	Borgar Larsgård	TRONDHEIM	47:10	16:04
222	Erlend Wold	Trondheim Komm	47:14	16:08
223	Bernt-Johan Bergshaven	Searis	47:26	16:20
224	Nikolaj Kahn	TRONDHEIM	47:27	16:21
225	Richard Sanders	TRONDHEIM	47:28	16:22
226	Tore Graff Salvesen	Orkanger IF -	47:33	16:27
227	Hans Kristian Ormberg	Adresseavisen	47:34	16:28
227	Børge Flønes	Klæbu Løpeklub	47:34	16:28
229	Vegard Johansen	MELHUS	47:36	16:30
230	Morten Rasch Eliassen	TRONDHEIM	47:40	16:34
231	Terje Wold Aune	TRONDHEIM	47:42	16:36
232	Paul Håkon Almås	Hommelvik IL	47:43	16:37
233	Øivind Sigstadstø	TRONDHEIM	47:44	16:38
234	Pål Olsen	De Glade Løpeg	47:45	16:39
235	Jan Ove Tvervåg	SJETNEMARKA	47:46	16:40
236	Arnvid Hellebust	TRONDHEIM	47:49	16:43
237	Espen Mathisen	7010	47:56	16:50
238	Knut Svean	Nidelv IL	47:57	16:51
239	Øystein Welde	HEIMDAL	48:00	16:54
240	Eirik Sandkjernan	Kværner BIL	48:08	17:02
241	Åsmund Lockert Rohde	7068	48:11	17:05
241	Åge Westrum	Singsås IL	48:11	17:05
243	Geir Wolden	Trygg/Lade Spo	48:12	17:06
244	Andreas Grande	DNB Bedriftsid	48:13	17:07
245	Tor-Henning Aalmo	Freidig, SPK	48:15	17:09
246	Ola Halle	RANHEIM	48:17	17:11
247	Arnt Magne Steigedal	Nor, IL	48:18	17:12
248	John Wormdal	Trygg/Lade Spo	48:21	17:15
249	Ove Knudsen	TRONDHEIM	48:23	17:17
250	Frank Chagula	HEIMDAL	48:27	17:21
250	Arnt Kristoffersen	Söderberg & Pa	48:27	17:21
252	Eirik Fragset	7040	48:30	17:24

**Tordenskioldløpet 2019****10 km****Menn**

<b>253</b>	<b>Eivind Halmøy Wolden</b>	<b>Inmeta Trondhe</b>	<b>48:35</b>	<b>17:29</b>
<b>254</b>	<b>Kjetil Ytrehus</b>	<b>Ikkesåfortatde</b>	<b>48:37</b>	<b>17:31</b>
<b>255</b>	<b>Terje Sjøvik</b>	<b>Norsk Kylling</b>	<b>48:41</b>	<b>17:35</b>
<b>256</b>	<b>Jørgen Sivertsen</b>	<b>FLATÅSEN</b>	<b>48:43</b>	<b>17:37</b>
<b>257</b>	<b>Jorn Sundet</b>	<b>TRONDHEIM</b>	<b>48:49</b>	<b>17:43</b>
<b>258</b>	<b>Matias Aanensen</b>	<b>TRONDHEIM</b>	<b>48:50</b>	<b>17:44</b>
<b>258</b>	<b>Øyvind Aarøe</b>	<b>Inmeta</b>	<b>48:50</b>	<b>17:44</b>
<b>258</b>	<b>Anatoli Jernakov</b>	<b>Inmeta Trondhe</b>	<b>48:50</b>	<b>17:44</b>
<b>258</b>	<b>Knut Snare</b>	<b>TRONDHEIM</b>	<b>48:50</b>	<b>17:44</b>
<b>262</b>	<b>Alexander Klein</b>	<b>HEIMDAL</b>	<b>48:54</b>	<b>17:48</b>
<b>263</b>	<b>Pawel Mankowski</b>		<b>49:03</b>	<b>17:57</b>
<b>264</b>	<b>Kjetil Bratbergsengen</b>	<b>Nidaros Turn</b>	<b>49:07</b>	<b>18:01</b>
<b>265</b>	<b>Stian Antonsen</b>	<b>RANHEIM</b>	<b>49:09</b>	<b>18:03</b>
<b>266</b>	<b>Hans Evjen</b>		<b>49:12</b>	<b>18:06</b>
<b>267</b>	<b>Karl Johan Johansen</b>	<b>Strindheim il</b>	<b>49:15</b>	<b>18:09</b>
<b>268</b>	<b>Stig Eidesmo</b>	<b>Sweco BIL</b>	<b>49:21</b>	<b>18:15</b>
<b>269</b>	<b>Kjell Are Einarsve</b>	<b>Aasguten, IL,</b>	<b>49:22</b>	<b>18:16</b>
<b>270</b>	<b>Christian Smith</b>	<b>TRONDHEIM</b>	<b>49:26</b>	<b>18:20</b>
<b>271</b>	<b>Terje Magnus Bakken Søren</b>	<b>Ntnui</b>	<b>49:28</b>	<b>18:22</b>
<b>272</b>	<b>Tor Erik Askim</b>	<b>Tekam</b>	<b>49:33</b>	<b>18:27</b>
<b>272</b>	<b>Kåre Th. Claussen</b>	<b>Veidekke BIL</b>	<b>49:33</b>	<b>18:27</b>
<b>274</b>	<b>Chris Veløy</b>	<b>TRONDHEIM</b>	<b>49:34</b>	<b>18:28</b>
<b>275</b>	<b>Alf Husby</b>	<b>7021</b>	<b>49:36</b>	<b>18:30</b>
<b>276</b>	<b>Tormod Humstad</b>	<b>SPONGDAL</b>	<b>49:41</b>	<b>18:35</b>
<b>277</b>	<b>Rune Alstad</b>	<b>7058</b>	<b>49:43</b>	<b>18:37</b>
<b>278</b>	<b>Jørgen Hovdal</b>	<b>VIKHAMMER</b>	<b>49:46</b>	<b>18:40</b>
<b>279</b>	<b>Einar Heyeraas</b>	<b>TILLER</b>	<b>49:47</b>	<b>18:41</b>
<b>280</b>	<b>Aleksander Berget</b>	<b>TRONDHEIM</b>	<b>49:50</b>	<b>18:44</b>
<b>281</b>	<b>Ketil Ervik</b>		<b>49:51</b>	<b>18:45</b>
<b>282</b>	<b>Christian Bjørgum</b>	<b>Spring Løvset</b>	<b>49:52</b>	<b>18:46</b>
<b>282</b>	<b>Tarjei Olaussen</b>	<b>Autronica BIL</b>	<b>49:52</b>	<b>18:46</b>
<b>284</b>	<b>Ørjan Stokland</b>	<b>TRONDHEIM</b>	<b>49:53</b>	<b>18:47</b>
<b>285</b>	<b>Morten Belsvik</b>	<b>HUNDHAMAREN</b>	<b>49:54</b>	<b>18:48</b>
<b>286</b>	<b>Trond Ivar Fiske Pedersen</b>	<b>Øvre Surnadal</b>	<b>49:55</b>	<b>18:49</b>
<b>286</b>	<b>Frode Elverum</b>	<b>Sticos BIL</b>	<b>49:55</b>	<b>18:49</b>
<b>288</b>	<b>Kristian Ellinggard</b>	<b>7043</b>	<b>49:56</b>	<b>18:50</b>
<b>289</b>	<b>Ola Holmen Gundersen</b>	<b>7605</b>	<b>50:02</b>	<b>18:56</b>
<b>290</b>	<b>Magnus Sørlokk</b>	<b>MELDAL</b>	<b>50:04</b>	<b>18:58</b>

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290	Arne Lockert	TRONDHEIM	50:04	18:58
290	Magnar Stræte	Stjørdals-Blin	50:04	18:58
293	Johan M Hansen	Rambil	50:07	19:01
294	Jørn Stefanussen	Sintef	50:08	19:02
294	Karl Martin Lund	TRONDHEIM	50:08	19:02
296	Eskil Haug	Muruvikingan L	50:12	19:06
297	Sindre Skårsmoen	Sparebank1 SMN	50:19	19:13
298	Sebastian Aspnes	Ranheim IL	50:23	19:17
299	Ola Fløttum	FLATÅSEN	50:25	19:19
300	Roger Hjeldnes	TRONDHEIM	50:30	19:24
301	Håkon Bredeesen	Team Troisman	50:31	19:25
302	Mathias Andsem	ARENDAL	50:32	19:26
302	Harald Alstad	Notabene	50:32	19:26
304	Morten Tvedt	Trondheim Klat	50:33	19:27
305	Arman Vestad	Trondheim Tria	50:34	19:28
306	Kai Erntsen		50:38	19:32
306	Bjørn Tore Ramstad	Nidaros Kettle	50:38	19:32
308	Martin Wolden	TRONDHEIM	50:45	19:39
309	Tommy Hansen	RANHEIM	50:48	19:42
310	Frank Wettland	TRONDHEIM	50:55	19:49
311	Arne Henden Aaraas	Searis	50:57	19:51
312	John Andre Gråwe	Team Spræk	50:59	19:53
313	Per Eilert Orten	Aure IL - Frii	51:07	20:01
314	Frode Steen	TBI	51:08	20:02
315	Morten Wikstrøm	TRONDHEIM	51:10	20:04
316	Rune Prestvik	Equinor BIL Tr	51:21	20:15
316	Ole Roald Torset	Aure IL - Frii	51:21	20:15
318	Eirik Remman	DNB	51:26	20:20
319	Per Johan Brandvik	Byneset IL	51:33	20:27
320	Bjørn Inge Hanssen	TRONDHEIM	51:36	20:30
321	Tor Anders Eriksen	7056	51:43	20:37
322	Svein Solvik	Evry	51:48	20:42
323	Magnus Thue	TRONDHEIM	51:49	20:43
323	Arnfinn Fiske	TRONDHEIM	51:49	20:43
323	Kjell Olav Storflor	Dalebrand, IL	51:49	20:43
326	Jørgen Olsen	Grong IL	51:55	20:49
327	John-Tore Eid	Strindheim il	52:07	21:01
328	Ståle Rønning	Muruvikingan L	52:08	21:02

**Tordenskioldløpet 2019****10 km****Menn**

<b>329</b>	<b>Oskar Møllersen</b>	<b>TRONDHEIM</b>	<b>52:09</b>	<b>21:03</b>
<b>330</b>	<b>Jon Einar Oldernes</b>	<b>FLATÅSEN</b>	<b>52:11</b>	<b>21:05</b>
<b>331</b>	<b>Magnus Lindsetmo Bestvold</b>	<b>Is og Bolle IL</b>	<b>52:13</b>	<b>21:07</b>
<b>332</b>	<b>Eivind Nyland</b>	<b>Ikkesåfortatde</b>	<b>52:17</b>	<b>21:11</b>
<b>332</b>	<b>Arve Tronhus</b>	<b>HEIMDAL</b>	<b>52:17</b>	<b>21:11</b>
<b>334</b>	<b>Yngve T. Johansen</b>	<b>AF Gruppen Nor</b>	<b>52:23</b>	<b>21:17</b>
<b>335</b>	<b>Torstein Gustavsen</b>	<b>Nessegutten</b>	<b>52:26</b>	<b>21:20</b>
<b>336</b>	<b>Tommy Hanssen</b>	<b>Slagenheten</b>	<b>52:27</b>	<b>21:21</b>
<b>336</b>	<b>Aril Martinsen</b>	<b>Söderberg &amp; Pa</b>	<b>52:27</b>	<b>21:21</b>
<b>336</b>	<b>Tor Arne Langdal</b>	<b>STEINKJER</b>	<b>52:27</b>	<b>21:21</b>
<b>339</b>	<b>Daniel Olsrød</b>	<b>Strindheim il</b>	<b>52:28</b>	<b>21:22</b>
<b>339</b>	<b>Vidar Lunda</b>	<b>DNB Bedriftsid</b>	<b>52:28</b>	<b>21:22</b>
<b>341</b>	<b>Stig Petter Olsrød</b>	<b>Microsoft</b>	<b>52:30</b>	<b>21:24</b>
<b>342</b>	<b>Tore Alsvik Wikan</b>	<b>TRONDHEIM</b>	<b>52:33</b>	<b>21:27</b>
<b>343</b>	<b>Dani Meland</b>	<b>BUVIKA</b>	<b>52:39</b>	<b>21:33</b>
<b>344</b>	<b>Kim Andre Olsen Gjengaar</b>	<b>TRONDHEIM</b>	<b>52:40</b>	<b>21:34</b>
<b>345</b>	<b>Ivo Reinertsen</b>	<b>RANHEIM</b>	<b>52:41</b>	<b>21:35</b>
<b>346</b>	<b>Jan Lyngstad</b>	<b>TILLER</b>	<b>52:44</b>	<b>21:38</b>
<b>347</b>	<b>Erik Næss</b>	<b>TRONDHEIM</b>	<b>52:47</b>	<b>21:41</b>
<b>348</b>	<b>Tor Reitan</b>	<b>Stjørdals-Blin</b>	<b>52:49</b>	<b>21:43</b>
<b>349</b>	<b>Adrian Katagiri</b>	<b>TRONDHEIM</b>	<b>52:59</b>	<b>21:53</b>
<b>350</b>	<b>Thomas Uddu</b>	<b>TRONDHEIM</b>	<b>53:00</b>	<b>21:54</b>
<b>351</b>	<b>Roar Gjøvaag</b>	<b>TRONDHEIM</b>	<b>53:03</b>	<b>21:57</b>
<b>352</b>	<b>Morten Rødde</b>	<b>DNB Bedriftsid</b>	<b>53:11</b>	<b>22:05</b>
<b>353</b>	<b>Stian Berg Gjermstad</b>	<b>Lamh</b>	<b>53:12</b>	<b>22:06</b>
<b>354</b>	<b>Ola Skriubakken</b>	<b>Adresseavisen</b>	<b>53:17</b>	<b>22:11</b>
<b>355</b>	<b>Trond Viggo Pedersen</b>	<b>Trygg/Lade Spo</b>	<b>53:37</b>	<b>22:31</b>
<b>356</b>	<b>Svein G Bergvin</b>	<b>Factoring Fina</b>	<b>53:40</b>	<b>22:34</b>
<b>356</b>	<b>Albert E. Olsen</b>	<b>TRONDHEIM</b>	<b>53:40</b>	<b>22:34</b>
<b>358</b>	<b>Kåre Loeng</b>	<b>Trondheim &amp; Om</b>	<b>53:42</b>	<b>22:36</b>
<b>359</b>	<b>Aksel Alstad</b>	<b>TRONDHEIM</b>	<b>53:47</b>	<b>22:41</b>
<b>360</b>	<b>Morten Vines</b>	<b>TRONDHEIM</b>	<b>53:49</b>	<b>22:43</b>
<b>361</b>	<b>Jens Petter Lysø</b>	<b>RANHEIM</b>	<b>53:56</b>	<b>22:50</b>
<b>362</b>	<b>Robert Gätzschmann</b>	<b>Zolve</b>	<b>53:59</b>	<b>22:53</b>
<b>363</b>	<b>Geir Elvbakken</b>	<b>ORKANGER</b>	<b>54:07</b>	<b>23:01</b>
<b>364</b>	<b>Andre Karlsen</b>	<b>LEVANGER</b>	<b>54:13</b>	<b>23:07</b>
<b>365</b>	<b>Lars Bjørnar Listhaug</b>	<b>Utleira IL - F</b>	<b>54:14</b>	<b>23:08</b>
<b>366</b>	<b>Erlend Langsrud</b>	<b>Inventas Puls</b>	<b>54:21</b>	<b>23:15</b>

**Tordenskioldløpet 2019****10 km****Menn**

367	Arnt Grønås	Sticos BIL	54:28	23:22
368	Samir Lizde	TRONDHEIM	54:29	23:23
369	Kjell Harald Tangen	Sparebank 1 SM	54:34	23:28
370	Jørgen Dahl		54:49	23:43
371	Kjell Erik Austli	TRONDHEIM	54:55	23:49
372	Bendik Kolstad	Lesja IL	54:59	23:53
373	Mats Ulseth Ramo		55:00	23:54
374	Tore Rokkones	JAKOBSLI	55:08	24:02
375	Torleif Hugdahl	TRONDHEIM	55:21	24:15
376	Arild Torp	Klæbu Løpeklub	55:33	24:27
377	John Terje Jenssen Bremne	TRONDHEIM	55:45	24:39
378	Tore Norheim Hagtun	Searis	55:58	24:52
379	Andreas Larsen	TILLER	56:14	25:08
380	Lars Lie	TRONDHEIM	56:23	25:17
380	Robert David Olsen	Brilliant	56:23	25:17
382	Kristian Solem	Brilliant	56:24	25:18
383	Tor-Erik Skorstad	MELHUS	56:42	25:36
384	Alexander Bore	7045	56:45	25:39
385	Per Arne Næbb	Leira	56:49	25:43
386	Stein Erik Kråkmo	Stadsbygd IL -	56:55	25:49
387	Christian Bauer	VIKHAMMER	57:32	26:26
388	Knut-Ivar Græsdal	TRONDHEIM	57:41	26:35
389	Peder Setsaas	Forrest Gumper	57:56	26:50
390	Øystein Jensen	Leira	58:19	27:13
391	Odd Morten Sørensen	RANHEIM	58:22	27:16
392	Øivind Hoff Johansen	Adresseavisen	58:27	27:21
393	Leif Gundersen	LEVANGER	58:56	27:50
394	Petter Helland	TRONDHEIM	59:02	27:56
395	Knut Idar Odden	Adresseavisen	59:10	28:04
396	Bjørn Anthun	Trondheim Tria	59:16	28:10
397	Rune Solberg	Team Koteng	59:46	28:40
397	Carl Nokkve Brastad Bernh	KATTEM	59:46	28:40
397	John Bårdset	Leira	59:46	28:40
400	Ola Todal	TRONDHEIM	59:50	28:44
401	Jan Sneisen	SELBUSTRAND	1:00:04	28:58
402	Tord Stavik	Inmeta Trondhe	1:00:07	29:01
403	Arnfinn Urnes	7052	1:00:11	29:05
404	Steffen Kirknes	RANHEIM	1:00:23	29:17

**Tordenskioldløpet 2019****10 km****Menn**

405	Helge Rustad	Freidig, SPK	1:00:29	29:23
406	Martin Broli	Ranheim IL	1:00:36	29:30
407	Kaj Knudsen	FIDO	1:00:42	29:36
408	Svein Heistad	MELHUS	1:00:59	29:53
409	Ole Jacob Hoel	TRONDHEIM	1:01:01	29:55
410	Pål Wiik Arnesen	RANHEIM	1:01:22	30:16
411	Marius Straume Sporsheim	RANHEIM	1:02:13	31:07
412	Anders Nygaard	Hamkam Fotball	1:02:24	31:18
413	Georg Gjessen	7040	1:02:33	31:27
414	Magnus Bruu		1:02:34	31:28
415	Svein Egon Lundeberg	TRONDHEIM	1:03:06	32:00
416	Preben Hernes	Melhus Idretts	1:03:14	32:08
417	Aleksander Børsting	TRONDHEIM	1:03:15	32:09
418	Morten Elverum	Team Koteng	1:03:31	32:25
419	Kjell Runar Husby	Searis	1:03:43	32:37
420	Peer Bright Jakobsen	Team Rosenhaug	1:04:07	33:01
421	Stein Hofstad	TRONDHEIM	1:04:09	33:03
422	Fredrik Hofstad	TRONDHEIM	1:04:11	33:05
423	Henning Hinsverk	Forrest Gumper	1:04:27	33:21
424	Bjørn Falk-Larssen	Malvik IL	1:04:37	33:31
425	Per Erik Hernes	Melhus Idretts	1:04:59	33:53
426	Bjørn Johnsen	RØROS	1:06:43	35:37
427	Erik Vinje	TRONDHEIM	1:06:46	35:40
428	Morten Oftedal	Adresseavisen	1:07:09	36:03
429	Bjørn Leif Indseth	MALVIK	1:08:53	37:47
430	Tore Røsæg		1:09:11	38:05
431	Harald Setsaas	Teodor Sykkel	1:10:15	39:09
432	Roar Olsen	TRONDHEIM	1:11:22	40:16
433	Martin Holte	TRONDHEIM	1:23:40	52:34
434	Jan Vidar Snefugl	Folldal IF	1:23:41	52:35
	Erik Holden	Orkdal il	DNF	
	Arn Bitustøyl	TRONDHEIM	DNS	
	Simon Bønaa	Freidig, SPK	DNS	
	Ulrik Egeland Valseth	Verdal Friidre	DNS	
	Sigurd Bønaa	Freidig, SPK	DNS	
	Andre Holmli Sandnes		DNS	
	Thomas Haugen	Skauga IL	DNS	
	Henning Holmvik Kandal	Forrest Gumper	DNS	



**Tordenskioldløpet 2019      10 km      Menn**

<b>Trym Kildal</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Kristian Kjærvik</b>	<b>7020</b>	<b>DNS</b>
<b>William Naylor</b>	<b>Inmeta Trondhe</b>	<b>DNS</b>
<b>Ola Ørstad</b>	<b>BØRSA</b>	<b>DNS</b>
<b>Tore Øverleir</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Morten Schjetne</b>	<b>Heimdal Ski</b>	<b>DNS</b>
<b>Kjetil Gotvassli</b>	<b>Hell Ultraløpe</b>	<b>DNS</b>
<b>Arne Witzø</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Per Arnesen</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Kjell Inge Breivoll</b>	<b>Trondheim Tria</b>	<b>DNS</b>
<b>Frode Viberg Jermstad</b>	<b>Byåsen IL</b>	<b>DNS</b>
<b>Arne Moe</b>	<b>Trondheim &amp; Om</b>	<b>DNS</b>
<b>Ronny Raet</b>	<b>HELMER</b>	<b>DNS</b>
<b>Rudolf Saugestad</b>	<b>FLATÅSEN</b>	<b>DNS</b>
<b>Markus Schwai</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Harald Brekken</b>	<b>DNB Bedriftsid</b>	<b>DNS</b>
<b>Lars Wold</b>	<b>TRONDHEIM</b>	<b>DNS</b>
<b>Lars Svorkdal</b>	<b>Svorkmo N.O.I.</b>	<b>DSQ</b>
<b>Kristoffer Strømdal Wik</b>	<b>Freidig, SPK</b>	<b>DSQ</b>
<b>Vegard Sivertsgård</b>	<b>Tydal IL</b>	<b>DSQ</b>
<b>Alexander Kirkeberg</b>	<b>Namdal Løpeklu</b>	<b>DSQ</b>
<b>Mathias Rundgreen</b>	<b>Mosvik IL - Fr</b>	<b>DSQ</b>
<b>Stian Karlsen Dyrseth</b>	<b>Bratsberg IL</b>	<b>DSQ</b>
<b>Stian Oldervik</b>	<b>Rindal IL</b>	<b>DSQ</b>
<b>Luke Campbell</b>	<b>TRONDHEIM</b>	<b>DSQ</b>
<b>Erik Grimstad</b>	<b>Namdal Løpeklu</b>	<b>DSQ</b>
<b>Michael Watts</b>	<b>TRONDHEIM</b>	<b>DSQ</b>
<b>Christian Randholm</b>		<b>DSQ</b>
<b>Vegard Ressem</b>	<b>Bratsberg IL</b>	<b>DSQ</b>
<b>Jonas Ressem</b>	<b>Bratsberg IL</b>	<b>DSQ</b>
<b>Ketil Stene</b>	<b>TRONDHEIM</b>	<b>DSQ</b>
<b>Johannes Tjønnås</b>	<b>Bratsberg IL</b>	<b>DSQ</b>
<b>Jan Nyrønning</b>	<b>Team Hardhaus</b>	<b>DSQ</b>

# Tordenskioldløpet 2019

## 5 km

## Kvinner

1	Liv Nordengen	Strindheim il	18:16	
2	Eva Ingebrigtsen	Bratsberg IL	18:23	0:07
3	Clara Wågan	NAMSOS	18:37	0:21
4	Kristin Opland	Sparebank 1Smn	18:42	0:26
5	Kristine Unsgård	Leik, IL	19:34	1:18
6	Selma Nevin	Sthrinndheim	19:49	1:33
7	Linda Marie Strompedal	Namdal Løpeklu	19:57	1:41
7	Ellen Kvalheim	STJØRDAL	19:57	1:41
9	Anniken Evenhus	Aasguten, IL,	20:14	1:58
10	Hedda Fevang Tveit	Utleira IL - F	20:19	2:03
11	Kathrine Hovd	Namdal Løpeklu	20:27	2:11
12	Evelina Folkesson	TRONDHEIM	20:29	2:13
13	Eline Klevberg Lerfall	Lånke IL - Fri	20:43	2:27
14	Line Brenne Dreier	PIL	21:06	2:50
15	Nora Halvorsen	TRONDHEIM	21:09	2:53
16	Marit Mia Bjørnstad	RANHEIM	21:25	3:09
16	Ragnhild Løfald	7530	21:25	3:09
18	Anna Aurora Nolte		21:51	3:35
19	Maren Unsgård	GÅSBAKKEN	22:39	4:23
20	Marthe Rødsgaard	Rindal IL	22:49	4:33
21	Mali Røen Skjermo	Rindal IL	22:53	4:37
22	Anne Marie Lund Eikrem	Freidig, SPK	23:08	4:52
23	Klara Cromberger	Trygg/Lade Spo	23:10	4:54
24	Ingeborg Haugsdal Olsøyba	TRONDHEIM	23:19	5:03
25	Stine Aune	TRONDHEIM	23:35	5:19
26	Victoria S. Håkonsen		23:41	5:25
27	Anniken Holst	Abarun	23:55	5:39
28	Ingeborg Marie Tangvik	Heimdal Ski	24:00	5:44
29	Milja Holthe Ramberg	Trygg/Lade Spo	24:17	6:01
30	Malin Nordgård Leiren	TRONDHEIM	24:21	6:05
31	Laila Bjørnli Wang	SARA	24:23	6:07
32	Camilla Kilnes	7068	24:28	6:12
33	Kristin Handlykken Ledang	TRONDHEIM	24:33	6:17
34	Regine Mikkelsen	TRONDHEIM	24:36	6:20
35	Birgitte Ingvaldsen	TRONDHEIM	24:55	6:39
36	Karen Maria Aasen	Trygg Lade	24:56	6:40
37	Linda Borren Fløttum		25:12	6:56
38	Sissel Prestmo	SK Tryggglade	25:13	6:57

# Tordenskioldløpet 2019      5 km      Kvinner

39	Therese Bjørnaas		25:19	7:03
40	Julie Holthe		25:20	7:04
41	Eva Nordgård Skjefstad	DNB Bedriftsid	25:26	7:10
42	Ragnhild Haugsdal Olsøyba	TRONDHEIM	25:30	7:14
43	Gunnbjørg Foosnæs	DNB Bedriftsid	25:40	7:24
43	Izabela Skorstad	7031	25:40	7:24
45	Nina Nilsen	SK Tryggglade	25:44	7:28
46	Marina Vang	Bratsberg IL	25:45	7:29
47	Marte Høyér Moholt	Freidig, SPK	25:49	7:33
48	Line Rognstad	TRONDHEIM	26:05	7:49
48	Elena Isaksen	TRONDHEIM	26:05	7:49
50	Kjersti Myhre	TRONDHEIM	26:07	7:51
51	Linnea Xu Klevset	Byneset IL	26:10	7:54
52	Maja Berg	Malvik IL	26:14	7:58
53	Birthe Brenne Dreier	Ekne IL	26:17	8:01
54	Kristine Næss	Utleira IL - F	26:37	8:21
55	Stine Nilsen	Utleira IL - F	26:38	8:22
56	Ingrid Johanne Stegavik	Team Koteng	26:39	8:23
57	Ylva Lian	Byåsen IL	26:44	8:28
58	Anne Stine Ekker	SK Tryggglade	26:51	8:35
59	Hilde Myhre	TRONDHEIM	26:55	8:39
60	Ane Fløttum	SOKNEDAL	27:01	8:45
61	Anne Turid Haugli	Team Kpmg	27:14	8:58
62	Anne Kjerpeseth	Trondheim & Om	27:16	9:00
63	Karianne Kragseth	7046	27:23	9:07
63	Anna Lena Kalvik Gjertsås	DNB Bedriftsid	27:23	9:07
65	Ingelin Sandnes Knutzen	TRONDHEIM	27:26	9:10
66	Nina Tranås	DNB Bedriftsid	27:34	9:18
67	Siv Lamøy		27:35	9:19
68	Laura Emina Brandt	Strindheim il	27:57	9:41
68	Vibeke G Dale	SK Tryggglade	27:57	9:41
70	Annika Lund Eikrem	Freidig, SPK	27:58	9:42
71	Hanne Kile Andersen	7067	28:06	9:50
72	Petra Nordstrand	Trygg/Lade Spo	28:07	9:51
72	Mathilde Pedersen	Trygg Lade	28:07	9:51
72	Selma Samdal		28:07	9:51
75	Vilde Nordgård Leiren	TRONDHEIM	28:09	9:53
76	Brita Henning	Steinkjer Frii	28:13	9:57

# Tordenskioldløpet 2019

## 5 km

## Kvinner

77	Henrikke Halson		28:15	9:59
78	Torunn Bromet	JAKOBSLI	28:23	10:07
79	Mari Steinnes	Team Kpmg	28:30	10:14
80	Randi Pedersen	Øvre Surnadal	28:37	10:21
81	Erika Jasiukene	7056	28:45	10:29
82	Eli Salberg	DNB Bedriftsid	28:48	10:32
83	Anita Myrhaug	SJETNEMARKA	29:00	10:44
84	Ida Matheson Ulvan		29:01	10:45
85	Ann Kristin Selnæs	DNB Bedriftsid	29:04	10:48
86	Hege Strømsem	Team Exhausted	29:07	10:51
86	Heidi Fürstenberg	JAKOBSLI	29:07	10:51
88	Ingrid Nordås	TRONDHEIM	29:08	10:52
89	Nora Elise Hallan	KLÆBU	29:09	10:53
90	Helena Rødsand Spachmo	TRONDHEIM	29:10	10:54
91	Merete Lindgren	TRONDHEIM	29:15	10:59
92	Solveig Bøe	TRONDHEIM	29:21	11:05
93	Aurora Koteng	Team Koteng	29:26	11:10
94	Kristin Bergseth	9016	29:29	11:13
95	Anne -Guri Haugum	MOLLY	29:30	11:14
96	Hilde Haugen	DNB Bedriftsid	29:40	11:24
97	Ingrid Valla	Sticos BIL	29:41	11:25
97	Helle L'abée-Lund	7041	29:41	11:25
99	Ragnhild Gundersen	KLÆBU	29:46	11:30
100	Mia Gjeldnes	Trygg/Lade Spo	29:48	11:32
101	Anne Fresvig	LEVANGER	29:57	11:41
102	Marte Elise Aagesen	STJØRDAL	29:59	11:43
103	Siv Ingrid Ekra	Ntnu-Bil Løpin	30:00	11:44
104	Rina Marie Ruud	Ruudrunners	30:02	11:46
104	Eileen Skram	RANHEIM	30:02	11:46
106	Lin G Bergstrøm	SK Tryggglade	30:03	11:47
107	Monica Momyr	Trygg/Lade Spo	30:13	11:57
108	Marit Vassbotn Bjørseth	Trygg/Lade Spo	30:14	11:58
109	Monica Lie	LEVANGER	30:16	12:00
110	Frid Fagerli	Freidig, SPK	30:19	12:03
111	Mari Undseth	2660	30:32	12:16
112	Bodil Krokan	TRONDHEIM	30:42	12:26
113	Marianne Sagflaat Saasen	TRONDHEIM	30:48	12:32
114	Eva Holøyen	HEIMDAL	30:52	12:36

**Tordenskioldløpet 2019      5 km      Kvinner**

115	Ingrid Fuglem	Utleira IL - F	30:55	12:39
116	Ida Brurok	Utleira IL - F	30:56	12:40
116	Tone Jensen	Nidaros Turn	30:56	12:40
118	Frida Pauline Busch	TRONDHEIM	30:57	12:41
119	Line Hellem	TRONDHEIM	30:58	12:42
120	Elin Sletner	TRONDHEIM	31:04	12:48
121	Victoria Wale	Byåsen IL	31:12	12:56
122	Marianne Lyseng		31:21	13:05
123	Linda Marie Krobak	DNB Bedriftsid	31:24	13:08
124	Eva Hemmingsen	TRONDHEIM	31:31	13:15
125	Tonje Lyseng	TRONDHEIM	31:47	13:31
125	Tone Pauline Busch	TRONDHEIM	31:47	13:31
127	Lise Holmgren	DNB Bedriftsid	31:49	13:33
128	Lise Brevik	TRONDHEIM	31:54	13:38
129	Hilde Wevang	TRONDHEIM	31:58	13:42
130	Berit Killingberg	TRONDHEIM	32:11	13:55
131	Greta Koteng Stegavik	Team Koteng	32:20	14:04
132	Karianne Kristensen	Trygg/Lade Spo	32:45	14:29
133	Tyri Skårsmoen-Jones	7022	32:55	14:39
134	Susanne Benjaminsen	Freidig, SPK	33:00	14:44
135	Beate Eide	TRONDHEIM	33:10	14:54
135	Hege Ness	TRONDHEIM	33:10	14:54
137	Julia Guitart		33:23	15:07
138	Tone Benjaminsen	Freidig, SPK	33:24	15:08
139	Helene Rivedal Foss	TRONDHEIM	33:31	15:15
140	Siv Ruud-Hansen	Ruudrunners	33:44	15:28
141	Heidi Sandberg Nordahl	LEVANGER	33:50	15:34
142	Tone Benedicte Nylund	LEVANGER	33:52	15:36
143	Andrea Benjaminsen	Freidig, SPK	33:56	15:40
144	Line Haug Andersen	DNB Bedriftsid	33:59	15:43
145	Torill Stensli	TRONDHEIM	34:00	15:44
146	Bodhild Foros	DNB Bedriftsid	34:17	16:01
147	Martine Wist Holthe		34:35	16:19
147	Leia Myrseth Thronæs		34:35	16:19
149	Grete Varpe	Trondheim Feng	34:36	16:20
150	Ida Eriksen	DNB Bedriftsid	34:41	16:25
151	Tone Aksnes Lian	7020	34:49	16:33
152	Marthe Eriksen	DNB Bedriftsid	35:23	17:07

# Tordenskioldløpet 2019      5 km      Kvinner

153	Selma Lund Eikrem	Freidig, SPK	35:51	17:35
154	Line Steine Bertelsen	Team Rosenhaug	35:54	17:38
154	Nora Elvira Wengstad Jako	Team Rosenhaug	35:54	17:38
154	Idun Haugan	Kladdkaka	35:54	17:38
157	Kajsa Kristensen	TRONDHEIM	36:06	17:50
158	Katarina M. Hunstad	Searis	36:40	18:24
159	Clara Leroyer		37:23	19:07
160	Emilie Høydal		37:35	19:19
160	Emilie Kleiven Støwer		37:35	19:19
162	Kjerstin Vang	HEIMDAL	38:48	20:32
163	Vilje Menzoni Aune		39:20	21:04
163	Hege Mentzoni Grønning	TRONDHEIM	39:20	21:04
165	Aili Holst Marschhauser		39:44	21:28
166	Alma Spachmo		40:20	22:04
167	Vibeke Spachmo	TRONDHEIM	40:21	22:05
168	Martine Høydal		41:58	23:42
169	Monica Haug		1:07:31	49:15
	Frida Skarpnes	Freidig, SPK	DNS	
	Emma Forfot Calundan	TRONDHEIM	DNS	
	Ella Mae Bjørnbeth	SAUPSTAD	DNS	
	Therese Dalslåen	TRONDHEIM	DNS	
	Lisa Haukaas	DNB Bedriftsid	DNS	
	Siri Høyem	DNB Bedriftsid	DNS	
	Siri Brå Husby	DNB Bedriftsid	DNS	
	Siri Larsen	ORKANGER	DNS	
	Elise Melhus	Team Kpmg	DNS	
	Tara Bloch Vere	Team Koteng	DNS	
	Unni Eggen	TRONDHEIM	DNS	
	Sunniva Strøm	TRONDHEIM	DNS	
	Anne Nygren	Ølgolefsen	DNS	
	Kari Kvam	Team Koteng	DNS	

# Tordenskioldløpet 2019 5 km Menn

1	Ørjan Kjeldsli	Stadsbygd IL -	15:10	
2	Iver Matias Glomnes	Strindheim il	15:21	0:11
3	Mats Bjørgum	Strindheim il	15:23	0:13
4	Haben Brhane Gebrehiwet	Strindheim il	15:24	0:14
5	Sindre Grønflaten	Fjellørnen IL	16:16	1:06
6	Erlend Hansen	Ntnui	16:31	1:21
7	Erik Løfald	Rindal IL	16:32	1:22
8	Knut Ødegaard	Bratsberg IL	16:35	1:25
9	Knut Venseth	Markabygda IL	16:43	1:33
10	August Lunde	Byåsen IL	16:48	1:38
11	Bendik Støa-Aanensen	Bratsberg IL	16:49	1:39
12	Jo Svinsås	Rindal IL	16:54	1:44
13	David Sommervold Folde	Rindal IL	16:58	1:48
14	Sigmund Ofstad	Rindal IL	17:01	1:51
15	Magnus Thorstensen	Strindheim il	17:03	1:53
16	Mattis Amundsen	Namdal Løpeklu	17:04	1:54
17	Sven Nevin	Strindheim il	17:05	1:55
18	Martin Buvarp	Byåsen IL	17:07	1:57
19	Håvard Tømmerdal	Multiconsult B	17:09	1:59
20	Ole Arnold Sødal	Kyrksæterøra I	17:15	2:05
21	Erik Haddon	Byåsen IL	17:17	2:07
22	Eliseus Ystad-Myhre	Byaasen Skiklu	17:28	2:18
23	Oscar Ovanger		17:30	2:20
24	Erik Kårvatn	Rindal IL	17:31	2:21
25	Markus Espelien	TRONDHEIM	17:32	2:22
26	Jørg Johansen Rye	BOSBERG	17:37	2:27
27	Eirik Selvnes	Svorkmo N.O.I.	17:39	2:29
27	Johan Venseth	Markabygda IL	17:39	2:29
29	Tristan Halvorsen	TRONDHEIM	17:53	2:43
30	John Isak Furuseth	Skauga IL	18:00	2:50
31	Håvard Bjerkli	Lånke IL - Fri	18:05	2:55
32	Kjell Einar Skaret	Markabygda IL	18:12	3:02
33	Ramin Hababi		18:30	3:20
34	Henrik Næss	Utleira IL - F	18:32	3:22
35	Martin Aune		18:33	3:23
36	Martin Riseth Strømøy	Svorkmo N.O.I.	18:35	3:25
36	Sindre Haugerud Wold	RANHEIM	18:35	3:25
38	Rune Holmen	TRONDHEIM	18:40	3:30

**Tordenskioldløpet 2019****5 km****Menn**

39	Audun Erik Stensø	Flatås Idretts	18:44	3:34
40	Erlend Krogstad	Skogn IL / DNB	18:46	3:36
41	Alf Håvard Bråten Stensø	Flatås Idretts	18:49	3:39
42	Ørjan Fløttum	SOKNEDAL	18:50	3:40
43	Vebjørn Bergh-Hansen	Byåsen IL	18:54	3:44
44	Torbjørn Dahle	Stadsbygd IL -	18:55	3:45
45	Ola Haseth Balestrand	Rindal IL	18:56	3:46
46	Esten Ingar Grøtli	TRONDHEIM	19:02	3:52
47	Lars Øystein Ursin	TRONDHEIM	19:05	3:55
48	Øystein Riise Reppesgaard	Rindal IL	19:07	3:57
49	Sander Gjetø	Trygg/Lade Spo	19:08	3:58
49	Bjørn Stavnes	Strindheim il	19:08	3:58
51	Tord Holan	TRONDHEIM	19:13	4:03
52	Remi Solem	Byneset IL	19:21	4:11
53	Mathias Leroyer	Freidig, SPK	19:36	4:26
54	Bård Kjesbu	Lånke IL - Fri	19:41	4:31
55	Jørn Talsnes	GÅSBAKKEN	19:44	4:34
56	Aleksej Stevanovic	TRONDHEIM	19:47	4:37
57	Jo Ingemar Bruem	TRONDHEIM	19:48	4:38
58	Yago Lausselet	BERG 8	19:50	4:40
58	Håvard Haugli	TRONDHEIM	19:50	4:40
60	Halvor Kvennås	Byåsen IL	20:05	4:55
61	Øyvind Kvennås	Byåsen IL	20:06	4:56
62	Markus Dahlen Skjesol		20:10	5:00
62	Filip Lolland	Rygge IL	20:10	5:00
64	Lucas Leander Tangvik	Heimdal Ski	20:15	5:05
65	Axel Kjønsberg	7012	20:17	5:07
66	Magnus Stormo Isaksen	TRONDHEIM	20:20	5:10
66	Ramy Labreche	SK Tryggglade	20:20	5:10
68	Arne Bent Lightfeet		20:24	5:14
69	Emil Grønli	TRONDHEIM	20:27	5:17
70	Erlend B. Nilsen		20:30	5:20
71	Sondre Korsvold-Oddane	Freidig, SPK	20:33	5:23
72	Ulf Johansen	Byåsen IL	20:35	5:25
72	Leif Arne Skei	Freidig, SPK	20:35	5:25
74	Birk Lian	Byåsen IL	20:37	5:27
74	Arve Skåren	DNB Bedriftsid	20:37	5:27
76	Theodor Eikemo-Nilsen		20:39	5:29



**Tordenskioldløpet 2019****5 km****Menn**

77	Ståle Kirkvold	Stamina	20:41	5:31
78	Mathea Spets Storhov	Freidig, SPK	20:49	5:39
79	Jon Greger Blix Madsen	Bane NOR BIL	20:53	5:43
80	Rune Tidemann	SJETNEMARKA	21:00	5:50
81	Fred Saasen	SK Trygglade	21:01	5:51
82	Vemund T Gabrielsen	SK Trygglade	21:02	5:52
83	Maria Strømdal Wik	Freidig, SPK	21:06	5:56
84	Magnus Sæter	Rindal IL	21:07	5:57
85	Jonas Danielsen	Oksskolten Idr	21:11	6:01
86	Jørgen Andreas Olsen	Canon	21:12	6:02
87	Jon Sverre Eriksen	Rindal IL	21:15	6:05
88	Jørgen Lerfall	Lånke IL - Fri	21:22	6:12
89	Tor Jarle Bolme	Rindal IL	21:26	6:16
90	Normann Helset	TINGVOLL	21:35	6:25
91	Peder Rygg	TRONDHEIM	21:42	6:32
91	Ricardo Costa	TRONDHEIM	21:42	6:32
93	Bendik Manum	Trondheim og O	21:44	6:34
94	Anders Skjerve	MARKABYGDA	21:48	6:38
95	Aksel Vetlesen	Trygg/Lade Spo	21:54	6:44
95	Sindre Trønsdal	Byåsen IL	21:54	6:44
97	Emil Buan	Trygg/Lade	21:56	6:46
98	Berit Vestermo	Namdal Løpeklu	21:57	6:47
99	Fredrik Aune Aakerli	HEIMDAL	21:58	6:48
100	Terje Olsøybakk	TRONDHEIM	21:59	6:49
101	Jacob Solvoll	TRONDHEIM	22:00	6:50
102	Jörgen Hövik	TRONDHEIM	22:03	6:53
103	Frode Fløttum	SOKNEDAL	22:09	6:59
104	Håkon Wiig Langsrud	Byåsen IL	22:16	7:06
105	Ingmar Fottland	SK Trygglade	22:18	7:08
106	Adrian Sakshaug	SK Trygglade	22:19	7:09
106	Knut Ove Hellandsjø	Orkdal il	22:19	7:09
108	Stein Erik Aagaard	TRONDHEIM	22:22	7:12
109	Ole Kristian Løset	Rindal IL	22:29	7:19
110	Erik Hoston	I.L Fjellmann	22:35	7:25
111	Mourad Touil	TRONDHEIM	22:37	7:27
112	Alf Petter Lynum		22:39	7:29
113	Isak A G Knudsen	SK Trygglade	22:41	7:31
113	Victor F Røberg	SK Trygglade	22:41	7:31

**Tordenskioldløpet 2019****5 km****Menn**

113	Øyvind Schjelderup	Wing OK	22:41	7:31
116	Filip Fevang Tveit	Utleira IL - F	22:42	7:32
117	Odin Hertwich	Byåsen IL	22:43	7:33
117	Steinar Haug	Jernbanens Idr	22:43	7:33
119	Erik Iversen	TRONDHEIM	22:44	7:34
120	Erlend Grønli	TRONDHEIM	22:51	7:41
121	Torvin Bergh-Hansen	Byåsen IL	22:53	7:43
122	Magnus Ulseth	Byåsen IL	22:56	7:46
123	Jørgen Lesund	Pil Trøndelag	22:57	7:47
124	Aksel E Rolandsen	SK Trygglade	23:03	7:53
125	Magnus Reppe	Trygg/Lade	23:05	7:55
125	Robert Molde	VERDAL	23:05	7:55
127	Aslak Dahlen Wannebo	Hommelvik IL	23:07	7:57
128	Wilhelm Hatlen	Freidig, SPK	23:16	8:06
128	Rolf Inge Holden	7048	23:16	8:06
130	Filip Saasen	SK Trygglade	23:18	8:08
131	Aksel S Høeg	SK Trygglade	23:20	8:10
131	Sigurd Jacobsen Prestmo	SK Trygglade	23:20	8:10
133	Ole Hansen	Nidelv IL	23:21	8:11
134	Otto Helge Reitan	Leik, IL	23:22	8:12
135	Frank Tangvik	Heimdal Ski	23:25	8:15
136	Stian Bakk Hansen	7036	23:30	8:20
137	Håkon Fuglem	Utleira IL - F	23:32	8:22
137	Daniel Øystrøm	SK Trygglade	23:32	8:22
139	Tor Andre' Hellandsjø	Orkdal il	23:33	8:23
140	Morten Nergård	TRONDHEIM	23:36	8:26
141	Morten Warankov	Strindheim il	23:37	8:27
142	Patrick Claesson Swedenbo	Hammarby IF St	23:46	8:36
142	Sverre Buan	Strindheim il	23:46	8:36
144	Teo Dyrseth	SK Trygglade	23:47	8:37
145	Jesper Hjørnevik	Trygg/Lade	23:48	8:38
146	Jonatan Eikemo-Nilsen	TRONDHEIM	23:50	8:40
147	Simon Kløve Keiding		23:53	8:43
147	William Svendsen	TRONDHEIM	23:53	8:43
149	Audun Setsaas	7026	23:56	8:46
150	Mathias Bjerkestrand Sets	Byåsen IL	23:57	8:47
151	Albert A Mikkelpborg	SK Trygglade	24:04	8:54
152	Ivar Ramdal	Vanvik IL	24:10	9:00

**Tordenskioldløpet 2019****5 km****Menn**

153	Åne Sæter	TRONDHEIM	24:27	9:17
154	Jon Sæter	TRONDHEIM	24:28	9:18
154	Sakarias Drege	Trygg/Lade Spo	24:28	9:18
156	Jan Andre Røstad	RANHEIM	24:29	9:19
157	Freddie Schumann	Stadsbygd IL -	24:32	9:22
158	Ulrik Bjørseth	Trygg/Lade	24:37	9:27
159	Henrik Fürstenberg	7059	24:40	9:30
160	Lars Vetlesen	Trygg/Lade Spo	24:46	9:36
160	Steinar Brandslet	TILLER	24:46	9:36
162	Frans Saasen	SK Tryggglade	24:47	9:37
162	Geir Ove Bjørseth	TRONDHEIM	24:47	9:37
164	Haakon Selnes Lorentzen	Flatås Idretts	24:48	9:38
164	Mikael Torseth	7068	24:48	9:38
166	Tormod Eriksen	Melhus Idretts	24:49	9:39
167	Joakim Bergstrøm	SK Tryggglade	24:50	9:40
168	Øystein Lorentzen	Flatås Idretts	24:51	9:41
169	Matheo Kahn	Trygg/Lade	24:53	9:43
170	Boye Hedman	Trygg/Lade	24:57	9:47
171	Anita Vollan Belsvik	Kyrksæterøra I	24:58	9:48
171	Magnus Pedersen	Trygg/Lade	24:58	9:48
171	John Idar Aasnes	DNB Bedriftsid	24:58	9:48
174	Rune Pedersen	Trygg/Lade Spo	25:04	9:54
175	Arthur Ystad-Myhre		25:10	10:00
176	Jesper Fuhr Hjelde	SK Tryggglade	25:15	10:05
177	Geir Larsen	TRONDHEIM	25:18	10:08
178	Casper Knudsen	Trygg/Lade	25:21	10:11
179	Helge Tjøstheim	7041	25:24	10:14
180	Ola Lambach Fitjar	5419	25:25	10:15
181	Christer Moe Rolandsen	SK Tryggglade	25:30	10:20
182	Tor S. Haugland	Team Exhausted	25:31	10:21
183	Tor Bitustøyl	Maroto AS Bedr	25:32	10:22
184	August Marschhauser	Trygg/Lade	25:34	10:24
185	Sebastian Fandin	BUVIKA	25:37	10:27
186	Rune Myrhaug	TRONDHEIM	25:39	10:29
187	Andreas Sundal	Byåsen IL	25:41	10:31
188	Kurt Andreas Røberg	Sticos BIL	25:50	10:40
189	Øivin Reppe		25:52	10:42
190	Filip Isaksen	SK Tryggglade	25:58	10:48

**Tordenskioldløpet 2019****5 km****Menn**

191	Kasper Løberg Aske	Malvik IL	26:04	10:54
191	Narve Aske	Malvik IL	26:04	10:54
193	Jacob Støvne-Bjørnsen	Trygg/Lade Spo	26:07	10:57
194	Iver Øien	Trygg/Lade	26:14	11:04
195	Sasha Aigner	SK Tryggglade	26:24	11:14
196	Frede Lundevall	Trygg/Lade	26:25	11:15
197	Imre Jacobsen	7058	26:26	11:16
197	Tor Osvald Lund	RANHEIM	26:26	11:16
197	Gustav Erling Karlsen	Byåsen IL	26:26	11:16
200	Inge Bye	TRONDHEIM	26:33	11:23
201	Peter A C Knudsen	SK Tryggglade	26:35	11:25
202	Ronnie Nilsen	TRONDHEIM	26:43	11:33
203	Henry Sivertsen	RANHEIM	26:46	11:36
204	Bastian Kvarme Gilstad	SK Tryggglade	26:54	11:44
205	Nils Ottar Svaan	Klæbu Løpeklub	26:57	11:47
206	Asbjørn Fossen Kongsli	Trygg/Lade Spo	27:18	12:08
206	Herman Skikstein	Trygg/Lade	27:18	12:08
208	John Ivar Knutzen	TRONDHEIM	27:26	12:16
209	Emil Lamøy	SPONGDAL	27:31	12:21
210	Oddmund Slind	HOMMELVIK	27:39	12:29
211	Sigurd Melbye Kirsebom	SK Tryggglade	27:45	12:35
211	Jonas A Knudsen	SK Tryggglade	27:45	12:35
213	Hagbart Vebostad	Strindheim il	27:54	12:44
214	Asgeir Flatjord	TRONDHEIM	27:55	12:45
215	Tore Andreas Østerlie	Team Troisman	28:02	12:52
216	Lorentz Tuv Kvåle	Trygg/Lade Spo	28:06	12:56
217	Joar Skårsmoen	Leinstrand IL	28:07	12:57
218	Per Morten Skarholt	DNB Bedriftsid	28:10	13:00
219	Jostein Hansen		28:20	13:10
220	Stian Lausset	7050	28:22	13:12
221	Kristoffer Schei	Utleira IL - F	28:23	13:13
222	Kjetil Aaby	DNB Bedriftsid	28:24	13:14
223	Arild Aagensen		28:35	13:25
224	Sigur Kvaal	Strindheim il	28:42	13:32
225	Bård Engeseth	Charlottenlund	28:47	13:37
226	Jan Frode Saasen	SK Tryggglade	28:51	13:41
227	Audun N. Nielsen	RANHEIM	28:54	13:44
228	Trym Sunde Freland	Lierne IL	29:00	13:50

# Tordenskioldløpet 2019 5 km Menn

229	Jonas Næss		29:08	13:58
229	Bjørn Tore Grande	7022	29:08	13:58
231	Erling Skansen	SAUPSTAD	29:09	13:59
232	Jakob Juvik	Freidig, SPK	29:13	14:03
232	Jon Hallan	If Skadeforsik	29:13	14:03
232	Thomas Juvik	Freidig, SPK	29:13	14:03
235	Per Inge Slåen	Washington Mil	29:17	14:07
236	Kjetil Hope Tufteland	Searis	29:18	14:08
237	Tom Kristian Nilsen	SK Tryggglade	29:34	14:24
238	Jan Agnar Onsøien	Autronicaveter	29:49	14:39
239	Tobias G Bergstrøm	SK Tryggglade	29:58	14:48
240	Lillebjørn Waagen	SK Tryggglade	30:01	14:51
241	Ola Sande	Trondheim Døve	30:05	14:55
242	Aslak Hagen Sandvik	7040	30:08	14:58
243	Nicolai Momyr	Trygg/Lade Spo	30:11	15:01
244	Vegard Sundal	Byåsen IL	30:31	15:21
245	Sebastian Hofstad	TRONDHEIM	30:38	15:28
246	Edvald Holøyen Rise	Trondhjems Ski	30:49	15:39
247	Terje Andre Tronstad	7562	30:54	15:44
248	Marius Sunde Tvinnereim	Svorkmo N.O.I.	31:19	16:09
249	Alfred Skeftruna	Team SCR	31:20	16:10
250	Daniel Andersson	Team SCR	31:21	16:11
251	Aksel Bjørseth	Trygg/Lade Spo	31:36	16:26
252	Per Jan Ørbog	HEIMDAL	31:43	16:33
253	Knut Arne Vang	HEIMDAL	31:48	16:38
254	Elias Rygg	TRONDHEIM	31:50	16:40
254	Torodd Næss	Nidelv IL	31:50	16:40
256	Jon Magnus Ruud	Ruudrunners	32:02	16:52
257	Rasmus Kløve Keiding		32:07	16:57
257	Jakob Kløve Keidink		32:07	16:57
259	Kjell Heggvold Ullestad	Ntnu BIL	32:09	16:59
260	Brage Sunde Freland	Lierne IL	32:17	17:07
261	Ragnar Lorentsen	TRONDHEIM	32:33	17:23
262	John-Arne Gangås	TRONDHEIM	32:34	17:24
263	Åsmund Herikstad	Zolve	32:40	17:30
264	Simen Hell Larsen	RANHEIM	32:45	17:35
265	Erlend Skårsmoen	7022	32:56	17:46
266	Frank Årstadvold	Verdal Mannsko	32:59	17:49

# Tordenskioldløpet 2019 5 km Menn

267	Leif Haggheim		33:16	18:06
268	Martin Kristoffersen	TRONDHEIM	33:22	18:12
269	Nicholas Rivedal Foss	7041	33:31	18:21
270	Aksel Martinius Dahl	Tiller	33:36	18:26
271	Ketil Rekkebo	KLÆBU	33:45	18:35
272	Lars Haugland	Team Exhausted	33:49	18:39
273	Hallvard Benjaminsen	Freidig, SPK	33:59	18:49
274	Kåre Fagervold	BREKSTAD	34:54	19:44
275	Brynjar Thorsson Loktu	Freidig, SPK	35:38	20:28
276	Erlend Hofstad-Moen	Endorfiningene	39:01	23:51
277	Birk Iver Buan		39:46	24:36
278	Jostein Hoel	Rennebu IL	40:14	25:04
279	Emil Lefstad Hilmarsen	TRONDHEIM	43:14	28:04
280	Brage Schive Haug	HOMMELVIK	1:07:32	52:22
	Dag Andreas Green Johanse		DNF	
	Oliver Langørgen Sagfjæra	Aasguten, IL,	DNF	
	Henning Hassel	SK Trygglade	DNF	
	Even Opland	GÅSBAKKEN	DNF	
	Stig Rune Løfald	Kyrksæterøra I	DNF	
	Andreas Sørnes	Hommelvik IL	DNS	
	Oskar Brurok	Utleira IL - F	DNS	
	Hollger Garlie	Trygg/Lade	DNS	
	Sigurd Birk Kyrkjebø	SK Trygglade	DNS	
	Hashil Mohamed	Trygg/Lade	DNS	
	Magnus Qvigstad	Trygg/Lade	DNS	
	Trygve Bror Helset Sellgr	Trygg/Lade	DNS	
	Mohammed Sayid Ali	SK Trygglade	DNS	
	Simen Aukan	SK Trygglade	DNS	
	Even B Jensen	SK Trygglade	DNS	
	Adrian Berdal	TRONDHEIM	DNS	
	Sondre Huse	SK Trygglade	DNS	
	Thomas Berdal	DNB Bedriftsid	DNS	
	Kyrre Selvig Bratland	Sebo Boliger B	DNS	
	Andreas Thorsø	DNB Bedriftsid	DNS	
	Asgeir Nygaardsvold	DNB Bedriftsid	DNS	
	Torgeir Moholt	TRONDHEIM	DNS	
	Kjell-Arne Kjeldsberg	TRONDHEIM	DNS	